

A SHORT
EXPLANATION
OF THE
END AND DESIGN
OF THE
LORD'S SUPPER.

WITH SUITABLE
Meditations *and* Prayers,

AND A
P R E F A C E
Recommending a due Attendance on that
sacred Institution.

To which is added a

P O S T S C R I P T

Concerning SELF-EXAMINATION, with a few
FORMS of PRAYER for the Use of those who need or
desire such Helps.

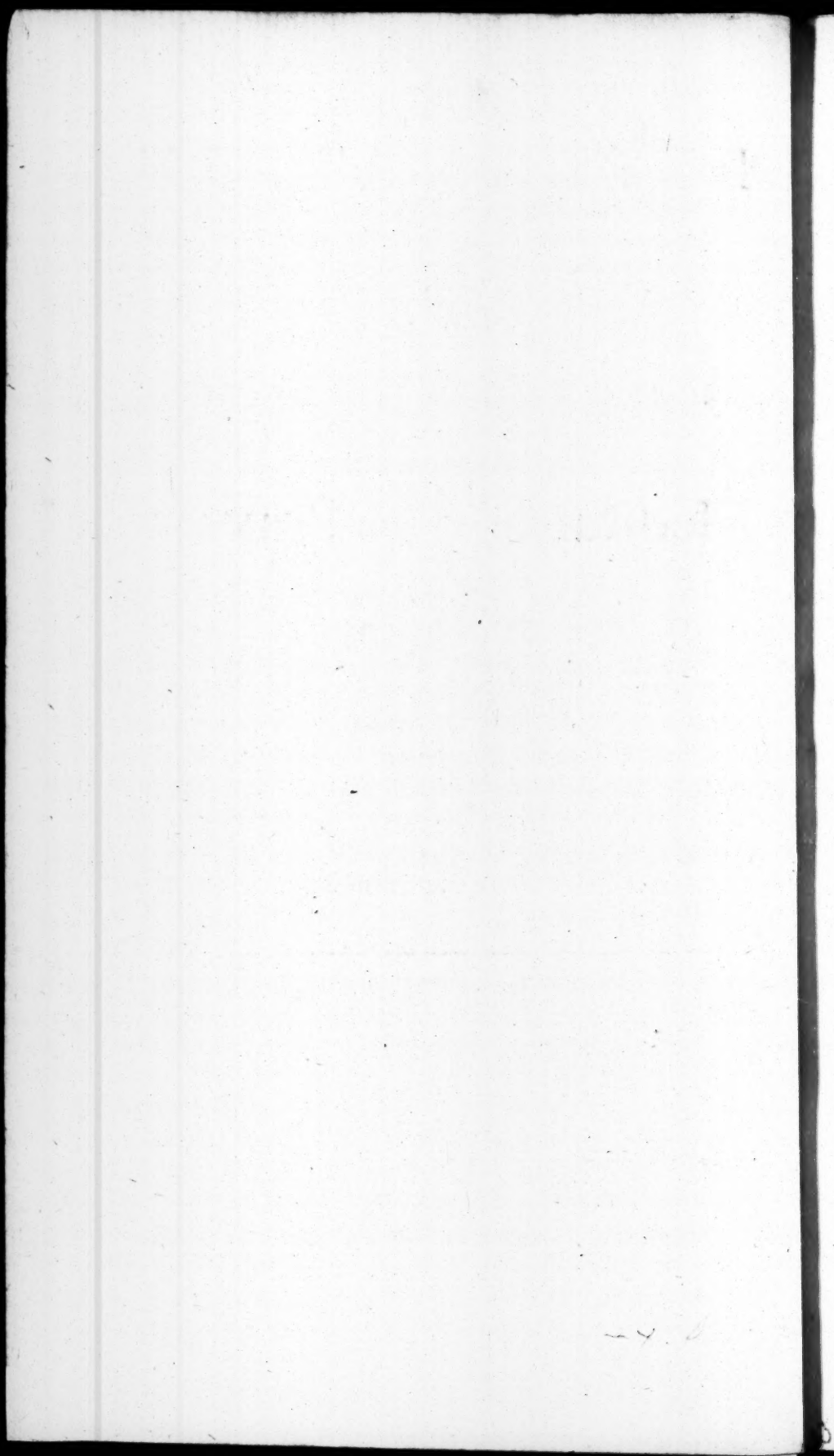
LUKE xxii. 19. *This do in Remembrance of me.*

LAM. iii. 40. *Let us search and try our Ways, and turn
again to the Lord.*

I THES. v. 17, 18. *Pray without ceasing; in every Thing
give Thanks, for this is the Will of God concerning you in
Christ Jesus.*

L O N D O N:

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P R E F A C E.

THE Lord's Supper, according to the accounts which we have of it in the New Testament, seems to be a very plain and intelligible institution; and yet the principal design of it is greatly misunderstood by many; and hence it is that while some attend upon it, and partake of it, with diffidence and terror; and some make a superstitious use of it; and some come to it only, or chiefly, with political views, and from worldly considerations; others abstain from it altogether, either from mistaken notions of the nature and design of it; or from a contempt of all positive institutions whatsoever.

But if the wise end for which it was instituted by our Saviour, were rightly understood, duly considered, and carefully attended to, christians would come to it more frequently, and partake of it in another manner than they commonly do; it would neither be undervalued as an use-

less ceremony, nor overvalued, or have an undue stress laid upon it, as if it were the great law of the gospel, nor would it be turned into an engine of state, and made use of as a qualification for civil and military offices. *

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* A serious good christian will, no doubt, receive the communion in a devout religious manner, and with suitable affections, whatever be the occasion of his receiving it; and we have shewed in the following tract, p. 31. in a note at the bottom, how a person receiving the communion in obedience to the *Test Act* may employ his thoughts, so as to make a good use of a law which has a bad tendency; but surely a good christian would not chuse to partake of this ordinance in such circumstances, and under such appearances, if it could be avoided: and though (to use the words of the Author of the *Monthly Review* for December 1754, page 436.) ‘ The *Test Act* does not forbid our receiving the sacrament for the ends for which it was originally instituted, yet it mixes with them other and very improper views, by which the sincerity of the receiver is greatly endangered; and consequently the act itself is chargeable with the abuses occasioned by it.’ A good man (as was just now observed) will receive the communion in a religious manner, and with a view to the ends for which it was appointed by our Saviour even when he is doing it in compliance with an human law, and it is hoped there are many who do so, yet it were to be wished there were no such human law among us; which lays good men under the necessity

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It is justly observed as a peculiar excellency of the christian religion, that it is entirely a reasonable service; its doctrines are highly rational and consistent; and useful to support the cause of righteousness, and encourage the practice of holiness and virtue in the world. Its laws and institutions are, most of them, the very laws of reason and nature, as to those which are merely of positive institution, as they are but very few, so they are free from all appearance of superstition, well fitted to answer very good

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sity of partaking of that ordinance in circumstances that have but a bad appearance, and leads others, who have no serious sense of religion, or perhaps do not so much as believe the gospel, to receive it in a unworthy manner; to receive it with reluctance, and against their will; so that with such it is a matter of constraint, compulsion, and necessity, and not of choice, or from a willing mind, which quite destroys the religion of the action: not to mention that some are thereby compelled, and driven, as it were, to the Lord's table, and the church obliged to receive them, who for their vicious and immoral lives, ought to be excluded from it, as a reproach to the society, and unworthy of the tokens of christian fellowship. So that the second and third rubricks, prefixed to the communion office in the liturgy, seem to be in effect repealed, at least to be rendered useless, by the *Tenth Act*: and an important branch of christian discipline taken quite away.

ends, and not in the least burthensome, nor attended with any difficulty in the performance of them: they are only baptism and the Lord's Supper, by the first of which we are initiated into the christian religion, and received into the christian church; which being once done, it is not repeated; and by the other, we do from time to time make a public, thankful commemoration of the sufferings and death of Christ, and declare that we are his disciples, and resolve to continue in the profession of his religion, in the obedience of his laws, and in the communion of his church all the days of our lives.

Now that the Lord's Supper is a very reasonable institution will easily appear to any one who will consider. 1. That the ends for which it was appointed, (which have been just now hinted, and are more particularly mentioned in the following treatise) are very good and have a tendency to preserve a sense of religion upon the mind, and cherish good affections in the heart. 2. That the matter made use of in this ordinance, (viz. bread and wine) is very significant of what it is intended to represent. And 3. That

3. That the whole action having been performed from the first ages of christianity, is a standing evidence of the fact, that Jesus Christ was crucified, as the scripture relates; even as the observation of the first day of the week by christians for public religious assemblies, is a standing evidence of his resurrection from the dead, and of the miraculous descent of the Holy Ghost upon his apostles fifty days after, both which happened on the fifth day of the week.

It may well be thought strange then that so many professed christians, should so seldom attend upon the institution, and some live on in the constant neglect of it: people are wonderfully apt to run into extremes; so it is with many with reference to this ordinance. Some there are who lay undue stress upon their observance of it, and place too much of their religion in it; others again there are who slight and undervalue it: these are two extremes, and we should carefully endeavour to avoid both of them, and wisely chuse the middle way, that is to observe and perform the duty, because Christ our Lord and Master has required us to do so; and yet not lay an undue

stress upon it, because it is but an instrumental duty, and subordinate to others, which are of an higher and more excellent nature.

Let us then guard against the one extreme of laying too great a stress on our observance of this institution, both because it is but an institution merely positive, and therefore not to be laid in the balance with the laws of reason and nature, which are of an unchangeable obligation, and in which the very essence and life of religion doth consist: and likewise, because it is but an external means in order to a farther and higher end, namely, to help to keep alive a sense of religion in the minds of men: and therefore, the end, which is real vital religion, must undoubtedly be of greater importance than that which is only an external help or means to promote and cherish the practice of it: now to place religion in the observance of the means without regarding the end; or to lay a greater stress upon the means than upon the end; or to substitute the one in place of the other, is to invert the order of things, and is in truth a remarkable instance

instance of superstition and of dangerous consequence to the souls of men.

And yet let us not under pretence of avoiding the extreme of superstition with respect to this ordinance, run into the contrary extreme of living in the habitual neglect of it, or attending upon it but very rarely: the weighty and most important duties of religion ought, no doubt, to have the chief place in our esteem, and we should be most careful to observe them, and zealous in the practice of them, yet those which in comparison with the others, are of lesser moment, are not to be left undone, much less despised; for they are useful in their place, otherwise they would not have been required at our hands; it is the will of God we should observe them, and we are not to undervalue or neglect the least of his commandments. And since this rite is really a divine appointment, being expressly instituted by our Saviour himself, which is a sufficient obligation on all who believe in him, though there were nothing else to be said for it; and since moreover it appears to be a wise and reasonable institution, and fitted to answer very wise and good

ends, it ought not to be despised or neglected, or suffered to fall into disuse, which would certainly be the consequence, if all christians should do, as too many of them do, that is, turn their backs upon it and forsake it, as if they were ashamed to make such a public and solemn acknowledgment of believing in a crucified Saviour, or did not like the terms of salvation, which he hath published in the name of God, and sealed with his blood, and therefore will not consent to them, nor submit to his government and laws: let not any of us, who profess to believe the christian religion, treat a christian institution in this manner, but let us devoutly attend upon it as often as we have opportunity, for thus it *becomes us*, after the example of our blessed master, *to fulfil all righteousness.*

The command of our Saviour in this case is so very plain, the reasonableness and usefulness of the institution is so obvious, and the observance of it is so easy, that I have often wondered how it comes to pass, that among the professed disciples of Christ there are so many to be found in all churches, who turn their backs upon this ordinance, and that not
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only of such whose lives and practices are vicious and immoral (for there is nothing strange in their abstaining, and indeed they ought not to be admitted, if they would offer themselves, without some apparent fruits of repentance) but even of those whose conversations are in the main, agreeable to the gospel, who seem to have the fear of God before their eyes, and a sense of religion in their minds, and who live in the habitual practice of holiness and virtue; how such persons do satisfy their own consciences in the constant omissions of a duty so plainly and expressly commanded, they know best themselves; but sure I am it is a culpable omission, and a defect in their character, though I am willing to hope that it does not proceed from a contempt of the institution, or want of love and respect to him who appointed it; but is occasioned, I presume, either from some mistaken notions they have imbibed of the nature of the Lord's Supper, of the preparation requisite in order to the due partaking of it, the difficulty of receiving it as they ought to do, and the danger of performing it unworthily; or from an excess of modesty in their opinion of them-

themselves, as if they were not worthy, and would not be acceptable guests at the Lord's table.

But such should consider, that it is much better to endeavour to observe a plain institution of our Lord, although they may not perhaps perform it so well as they would desire, than to omit it altogether, and for fear of coming short in the performance of it, never perform it at all. If this way of reasoning were applied to prayer, it would lead them to lay aside that duty also, and indeed all the duties of religious worship, for who in this imperfect state can pretend to perform any of them without some mixture of imperfections or failings?

It concerns such persons to consider likewise whether in this their abstaining from the Lord's Supper they do not act an inconsistent part, and contrary to the judgment of their own minds, which is certainly the case, if they believe the Lord's Supper to be an institution of Christ, as we presume they do: the quakers indeed, who deny that this ordinance was instituted with a design to be of perpetual continuance in the church, act agreeably to their principles
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in not partaking of it, nor using it in their churches: in this principle of theirs we think them to be mistaken, and we all blame them for entertaining it; but pray, are not those among ourselves, as much, or more, to be blamed, who, while they believe the divine appointment of this institution, do yet nevertheless abstain from it altogether, or but very seldom join in it?

As to those, if there be any such among us, who slight and undervalue it as a mean contemptible ceremony, fit only for the vulgar; or people of weak and superstitious minds, and upon that account disdain to join in the celebration of it, and live in the constant and wilful omission of it; to such we shall only say, that this rite is so expressly appointed by Jesus Christ, the founder of our religion; and it is, if seriously performed, such an apt and fit means to strengthen our faith, to support our hope, to excite our love and gratitude to God, and kind affections towards all our christian brethren, and to engage our hearts to the love, imitation, and obedience of our blessed redeemer, and a sincere consent to the terms of his gospel, and compliance with the great design

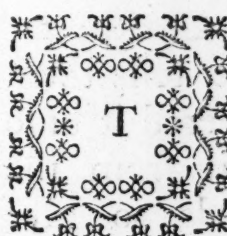
design of it; that I see not how any one who believes Jesus Christ to have been a teacher sent from God, and to have spoken and taught in his name; and who doth acknowledge him as his Lord and Master, his Lawgiver, Saviour and Judge, can refuse to observe this institution: how can a man call himself a disciple of Christ, and a subject of his kingdom, and yet live in the habitual neglect of a religious rite instituted by him for wise and good ends, to be observed by his disciples to the end of the world, as plainly as can be expressed by words? this looks too like a contempt of the wisdom of our Saviour, as if any of his institutions were useless and frivolous, and not fit or worthy to be observed by wise men, but calculated only for the weak and superstitious; but let such men think or talk as they will, it is evident from our Lord's whole conduct, while he conversed among men, *that he knew what was in man*, he knew human nature better than any of us, and what was fit to work upon their affections, and consequently what rites or positive institutions were proper to be appointed in order to preserve a suitable sense of his religion in the minds

minds of his disciples. Let us take heed then that we despise not any of our Saviour's command's, by a wilful neglect and habitual omission of any thing he hath required of us, for he hath said himself in Luke x. 16. *He that despiseth me, despiseth him that sent me.*

And now may God incline the hearts of all christians to *walk in all the commandments and ordinances of the Lord, blameless*, and give us grace to perform them in an acceptable manner, and suitably to the ends for which they were severally appointed, that in the use of these outward means, we may be daily growing in goodness and virtue, and constantly going on to all moral and spiritual perfection, till it be consummated in glory, through Jesus Christ the great *captain of our salvation, who hath loved us, and washed us in his blood, from our sins; and made us kings and priests to God even his Father.* To whom be glory for ever. *Amen.*



A SHORT
EXPLANATION
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LORD'S SUPPER, &c.

 HIS ordinance, which is commonly called the Lord's Supper, or the Holy Communion, and sometimes the Eucharist, is not an invention of men, or a ceremony devised by christians out of their own heads, or instituted by the clergy of their own authority : but is an express institution and command of our Lord himself, who hath appointed it to be observed and celebrated, in a devout and religious manner,

ner, by all his disciples, to the end of the world.

This is abundantly evident from the history of our Saviour's passion, as it is recorded in the gospels of Matthew, Mark, and Luke; and from what the apostle Paul says to the church of Corinth, in the 11th chapter of his first epistle to them; where, reproving them for some abuses they had been guilty of in the celebration of this ordinance, contrary to the design for which it was appointed, he acquaints them, that he had received it from the Lord as an institution of his religion, which he was to teach as suitable to the churches he should plant, to be observed by them, and by all the churches of Christ; till his second coming; and he tells them that he had accordingly delivered it unto them as he had received it from the Lord; and then he proceeds to give them an account of its first institution, and of the end and design for which it was appointed, and exhorts them to observe it for the future according to that, and not suffer it to be any longer perverted and abused as it had been among them of late.

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The action itself consists in taking bread, giving thanks over it, breaking it, and eating of it; then in taking a cup into which wine had been poured, giving thanks over it, and drinking of it.

This is the external action: and the design of it as a religious right or ceremony, is to represent, shew forth, or make an open public commemoration of our Saviour's death, and the manner of it; the bread which is broken being a symbol or representation of his body which was broken on the tree; and the wine, a symbol or representation of his blood shed upon the cross, for the remission of the sins of many; that is, for the confirmation of that covenant wherein God hath promised the remission of sins to all, whether Jews or Gentiles, who sincerely embrace the gospel of his Son, who truly repent of their sins and forsake them, and carefully endeavour for the future to obey his holy laws, and improve themselves daily in piety and virtue.

Whether the bread that is used in the celebration of this ordinance be leavened or unleavened; whether the wine be pure or mixed with water; whether the thanksgiving be used only once for all, or repeated

peated before the giving of the cup, which seems indeed to have been the practice at the beginning; whether this institution be celebrated in the evening, or any other time of the day; whether fasting, or after a temperate meal; whether in an upper room, or in any other place; whether sitting, or leaning, or standing, or kneeling; these and the like circumstances being no parts of the action itself, nor having any relation to, or connection with, the design of it, are matters of indifferency, and left to the liberty of christians: there is nothing determined about them in the New Testament, and therefore none should take upon them to make any fixed regulations or canons about such matters; but in these or the like indifferent things, which are not necessary to be determined, every christian should be left to his own discretion; for the institution may be duly and rightly administered, and christians may partake of it worthily and acceptably, either in the one or the other of these ways that have been mentioned; yea even tho' in the same congregation, and at the same time, some should receive it one way, and some another;

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christians should not be superstitiously scrupulous about these little things; nor should christian churches take upon them to exercise authority in matters of this nature, which are not determined in the word of God, which do not belong to the action itself nor affect any of the ends and purposes for which it was appointed, and which are chiefly to be regarded in our celebration of it.

From the accounts we have of the institution of this ordinance, both by the evangelists and the apostle Paul, we plainly see for what end it was appointed, and consequently with what views, with what dispositions and affections we ought to partake of it; for the efficacy of it, or the good to be obtained by the receiving of it, doth not depend upon the meer external action of eating and drinking; but upon the doing it with meditations and affections suitable to the design for which it was instituted.

Now the chief and principal end for which this rite was appointed by our Lord, was to be a standing memorial of his sufferings and death, and a solemn public commemoration of them with praise and thanksgiving: *This* (saith he) *is my body, which is broken for you; as*
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much as to say, this bread which is broken and distributed among you, is the symbol, or the sign and representation of my body crucified and broken for you; *Do this, that is, take it, and eat of it, in remembrance of me*, or for a commemoration of my love in dying for you. And of the cup he says, *This cup is the New Testament*, or, as it should rather have been rendered, *the new covenant in my blood, shed for the remission of the sins of many, drink ye all of it; for as often as you eat this bread, and drink this cup, ye do shew forth, or, shew ye forth the Lord's death till he come*. The meaning is, the wine contained in this cup is the symbol, the sign and representation of my blood, shed for the confirmation of the new covenant, wherein the remission of sins is promised and assured to all, who, becoming my disciples and members of my church, shall truly repent of their sins and forsake them, and shall endeavour for the future to yield a sincere obedience to the laws and precepts of my gospel, and persevere therein to the end: drink ye all of this cup in remembrance of me, for by this action of eating of this bread, and drinking of this cup,

cup, as the symbols and representations of my body broken, and blood shed, ye do shew forth and publicly declare my death, and your own thankful remembrance of it; and it is my will you should do so to the end of the world, even till I shall come again the second time, without sin, unto salvation, that is, not to offer myself as a sacrifice for sin a second time, but to confer on all my sincere and faithful followers, that salvation and happiness which I have promised to them; which promise is sealed with my blood, and farther confirmed by my resurrection from the dead, and ascension into the heavens. This ordinance then is a standing and perpetual memorial, an open and public commemoration of the sufferings and death of our Lord Jesus Christ: and this is the first and principal end for which it was appointed.

But there is another, or rather two others, which naturally arise out of this first one, and are closely connected with it; and which are also pretty plainly taught as such by the apostle Paul in 1 Cor. x. 16, 17. They are these, to wit, to be a token and testimony of our
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communion and fellowship with Jesus Christ, with all our christian brethren; the apostle's words are these, *The cup of blessing which we bless, is it not the communion of the blood of Christ? the bread which we break, is it not the communion of the body of Christ? for, because there is one bread, * we, being many, are one body, for we are all partakers of that one bread.* As if he had said, The cup of thanksgiving, over which we give thanks, and of which we drink in the celebration of the Lord's Supper, is it not a token, a public testimony and declaration, of our communion and fellowship with the Lord Jesus, whose blood was shed for the remission of sins? and the bread which we break, and eat of in that ordinance, is it not a token, a public testimony and declaration of our communion and fellowship with that blessed Lord whose body was broken for us upon the tree? is not this action which we perform in obedience to his command, a public and solemn acknowledgment of our religious regard to him, as our Saviour and Redeemer, our Lord, our Lawgiver, and our Judge; is it not an

* So this verse would have been better rendered.

an open profession in the face of the world that we are his disciples and followers, that we embrace his doctrine and religion, and are not ashamed of his gospel; that we approve of, and agree to, the terms of that most gracious covenant which was sealed with his blood, and sincerely consent to be governed by his laws? undoubtedly it is; and our partaking of this feast in memory of his death, is an open declaration and solemn testimony of all this.

And farther by our coming together into one place, to partake of this one bread, and drink of this one cup, as a religious commemoration of the death of Christ; we, all of us, who join in the celebration of this ordinance, tho' many in number, and dwelling perhaps, some of us in far distant places, do hereby declare that we are all one body, and acknowledge ourselves, with all our christian brethren wherever they dwell on the face of the earth, to be one society or community, united to the one Lord by a lively faith and sincere obedience, and to one another by the bond of a fervent charity and brotherly love; and so by the joint partaking of this or-

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dinance we acknowledge ourselves the fellow disciples of Christ, the one Lord and Mediator, and the joint worshippers of the one God and Father of all, the temples of the same holy spirit, and the heirs of the same heavenly inheritance.

We do not by this action profess our communion merely and only with that particular church or congregation with whom we are worshipping at the time, or with that particular party or denomination of christians with whom we are associated, and statedly join in worship; or with this or the other national church; but we acknowledge ourselves to be in union and fellowship with all who make a credible profession of christianity, (that is, with all who profess the christian religion, and do not contradict that profession by the wickedness of their lives) and, that together with them, we are all one body, united under Christ, our common head; we are one religious community, one spiritual kingdom under the government of that one king whom God hath set over us, even Jesus Christ his son, whom he hath made Lord of all, by whose laws we all profess to be ruled and governed, to whose authority
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and dominion we are all subject, and to whom we are all of us accountable for our conduct.

These now being the ends for which this ordinance was appointed, it becomes us, as often as we partake of it, to keep them in our minds, to fix our meditations upon them, and to exercise our affections, and form our purposes and resolutions according to them: if we do so, it will be a means of strengthening our faith and hope, of increasing our love to God, our love to Jesus Christ our blessed redeemer, and to all the saints and household of God; and it will help us forward in the way of holiness, and engage us the more effectually to a patient continuance in well doing, and to the constant and zealous practice of every thing that is truly pious, virtuous and good; in a word, it will dispose us for farther usefulness in this world, and to a greater progress in moral and spiritual perfection, and consequently prepare and qualify us for higher degrees of happiness in the world that is to come.

But if we attend upon this institution of our religion in a careless unthinking manner, only as an empty ceremony, as

a manner of form and custom; or to please men, and gain or preserve a reputation of sanctity; or, if we substitute our attendance upon it in the place of real righteousness, and use it as a kind of commutation, and by way of atonement for some immoral practices, we are guilty of; or for any other base and sinister end; we quite pervert it from the purpose for which it was appointed; *we eat and drink unworthily, not discerning the Lord's body*; we use it in effect as if it were a common meal, and are guilty of profaning a sacred religious institution of divine appointment.

When the apostle Paul in the place already quoted, (1 Cor. xi. 23, &c.) reproves the Corinthians for certain abuses which had crept in among them in the administration of the Lord's Supper; in order to rectify these abuses, he lays before them a plain and true account of the institution itself, and of the end and design of it, as he had received it from the Lord, who had communicated the whole gospel to him by revelation: after which he adds this advice, *But let a man examine himself, and so let him eat of that bread, and drink of that cup.* So our
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translators have rendered the words, which would have been translated in this manner, *But let a man prove himself*, and THUS, that is, according to what I have now told you is the design of this institution, *thus let him eat of the bread, and drink of the cup*. As if he had said, I have given you an account of this institution as I received it from the Lord, and of the chief and principal end for which he appointed it, by that let every one examine and try himself, his temper of mind, his views and intentions, his carriage and conduct, and *thus*, according to the end and design of the institution, as a memorial of the death of 'Christ, and a token of communion with him, and with the whole christian church, *let him eat of the bread, and drink of the cup*.

There is no reason to suppose that the apostle by his direction intended to bind christians to enter into a particular examination of the whole past course of their lives every time that they design to partake of the Lord's Supper, this indeed is an useful exercise, and very proper to be observed sometimes, on some special occasions, and for some persons: but it

does not seem to be necessary for all christians every time they may have an intention to join with their brethren in celebrating the memory of their Saviour's passion by this institution; there is nothing in this discourse of the apostle, or the occasion upon which he gave these directions to the Corinthian church concerning the Lord's Supper, to lead us to understand his words in that sense; nor is such a particular examination necessary every time that a serious well disposed christian would chuse to receive the communion; though it is proper here to be observed, that frequent self-examination is a very useful and important duty, for it serves to shew us, or bring to mind, what is or has been amiss, and needs to be corrected, in our temper or conduct; it helps us to know ourselves, what manner of persons we are, and what is our true and real character, and this will dispose us to modesty and humility; it will make us sensible what need we have of God's grace and forgiveness, and the assistance of his holy spirit; it will dispose us also to the exercise of charity, forbearance, and forgiveness towards others; and give us occasion of
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praise and thanksgiving to God for his sparing mercies, and his gracious promises of acceptance upon the most reasonable and condescending terms: beside many other advantages which cannot be mentioned or insisted on at present *.

But the examination which the apostle recommends, as previously necessary to the Lord's Supper, so far as may be judged from the context, seems to be this; that any christian intending to go to the Lord's table, should, in order to partake of that ordinance in a religious manner; and so as to profit by it, and not incur the guilt of profaning a sacred and solemn institution of religion appointed by Christ himself; he should (I say) seriously consider the end and design for which it was appointed, and reflect whether the temper of his mind, and frame of his spirit, be such as is suitable to that end, and having, upon such serious reflection, found that it is so; let him accordingly, with a view to that end, and with meditations and affections suitable to it, *eat of the bread, and drink of the cup.*

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* See the discourse on self-examination at the end.

We should therefore, before we go to the Lord's table, reflect a little, and think with ourselves, what it is we are going about? what are we going to do? are we only going to eat and drink as at a common meal for the refreshment and support of our bodies? no, this is not the design of the institution; we have houses to eat and drink in for that end, and are not called to assemble together in the church for our common meals; but we are going to celebrate a religious rite appointed by our Lord Jesus Christ, as a memorial of his dying love, and a public acknowledgment of our being his disciples, who have communion and fellowship with him, and with all our christian brethren, and who purpose, by the help of his grace, to please and obey him in all things, and to walk in his ways all the days of our lives.

It becomes us then to enquire again, whether we feel in our minds a just sense of the advantages we enjoy by the gospel revelation, and a thankful remembrance of what our blessed Saviour hath done and suffered for us, to deliver us from the power and dominion of sin, and the miseries consequent upon it?
whether

whether we do really approve of the terms of that covenant which he hath sealed with his blood, and heartily consent to them? and are truly willing to forsake all sin, all impiety, all vice, wickedness and immorality, and to conform ourselves in our hearts and lives to the laws of godliness, righteousness, charity and sobriety, as being most excellent in themselves; and naturally conducive to promote the proper perfection and true happiness of our nature? and whether we have a sincere love to all our christian brethren, and a communion in heart and affection with all the saints and household of God? if this be truly and indeed the temper and disposition of our minds, and the frame of our hearts towards God, towards Jesus Christ his son, towards all our fellow christians, and towards true religion, goodness, and virtue, we are suitably disposed, and duly prepared to go to the Lord's table: let every one therefore try himself by this test, and having found in his heart to correspond to it, let him, according to the ends for which this sacred feast was appointed, and with a serious view to them, *eat of the bread,*

and drink of the cup; humbly hoping for God's blessing upon him in his religious attendance upon this ordinance; and for his favourable acceptance of him in this action, done in obedience to the command of his dying Lord, to shew forth his death till he come.

When a person has previous warning that the communion is to be administered in the church to which he belongs, it will be very proper to add to his daily private devotions, some addressees to his Maker, with a peculiar reference to that ordinance, some convenient time before; to which purpose he may use the following prayer extracted from the late reverend Mr. Henry Grove of Taunton, at any time before he goes to the communion, or some other to the same effect.

A PRAYER in private before the
C O M M U N I O N.

O Thou infinite and eternal majesty; the holy, blessed and glorious God, the creator, preserver, and governor of the whole world, and our kind and bountiful benefactor: I adore thee, as
the

the only living and true God, the God and Father of our Lord Jesus Christ, and in him the Father of mercies, and the God of all consolation: vouchsafe, I beseech thee, with an eye of favour and compassion to look upon thy sinful creature now before thee, admiring and adoring thy distinguishing and most undeserved goodness to the children of men, and to me in particular, which I acknowledge to have been such as beyond measure to enhance and aggravate my offences against thy divine majesty.

With what sincerity, O Lord, thou desirest the conversion of sinners, the prosperity of thy saints, and the happiness of all who are upright in heart, thou hast abundantly discovered in the incarnation and death of thy well beloved son, our most worthy mediator and advocate, Jesus Christ the righteous; and in the rich variety of means which thou hast kindly provided for the healing of the manifold disorders, which, in the present imperfect state of human nature, we are liable to, and for our continual progress towards perfection: as for all these I bless and praise thy goodness and wisdom, so, in a particular
man-

ner, for the institution of the holy supper, which being enjoined by the authority of my blessed Saviour, and bearing his name, as it was appointed in honour of his memory, I desire even to value and esteem, as an useful means of preserving and cherishing the spiritual life, and engaging the heart to a sincere obedience to the laws of the gospel, and a constant progress in all holiness and virtue.

Being not only allowed, but invited, to attend this sacred feast, I do joyfully accept the invitation, humbly trusting that through thy grace, I am in some measure meet to partake of it; and praying that what is farther wanting in order to my receiving with greater advantage and acceptance, may be graciously supplied by the aid of thy holy spirit.

O may I obtain the pardon of all my past offences through Jesus Christ, and upon the terms of his gospel, which I cannot but in my conscience approve of, and to which I give my sincere and hearty consent: O may thy blessed spirit, whose assistance thou hast promised to those who ask it, be always present with me,
to

to enlighten my mind, and sanctify my affections more and more ; to strengthen and secure me against the various temptations to which I am exposed, and to lead me on in the paths of righteousness : give me understanding in all thy precepts ; and help me rightly to discern the meaning, and truly answer the ends of that holy ordinance for which I am preparing ; and may love to God, and to mankind, and love to goodness and virtue, be the ruling principle in my heart, and give law to all my passions and affections, my words and actions.

Grant, O Lord, that I may approach thy holy table with a deep sense of my own meanness, unworthiness, and guilt, and with the most exalted apprehensions of thy holiness and mercy, both which thou hast so wonderfully displayed in the method of our redemption by Jesus Christ ; that I may receive the memorials of his bloody passion, and of thy forgiving love through him, with a lively faith, an humble and well grounded hope, an unfeigned gratitude, and an unspeakable joy ; and may so feel the attractive influence his example, the efficacy of his death, and the power of his

his resurrection, that my soul may be transformed into love, that it may be filled with kindness and charity to men, and with an ardent, but prudent zeal for the honour of God and religion; that I may more and more die to sin, and live to righteousness; that I may be able to tread on all the power of the enemy, to overcome all temptations, to deny myself, to despise the blandishments of the world, to have my conversation in heaven, and finally, after having loved, and followed, and served my Saviour without seeing him, I may, according to his own prayer, be with him where he is, to behold his glory, and to join with all the heavenly inhabitants, in ascribing blessing, and honour, and glory and power, unto him who sitteth on the throne, and to the lamb, for ever and ever. *Amen.*

When you are engaged in the sacred service for which you have been preparing, and while you, and the rest of the congregation, are partaking of the bread and wine, let your mind be employed in suitable meditations, accompanied
with

with short ejaculations of prayers and thanksgivings.

Now the proper subjects of your meditation at this time are, the ends for which this action was instituted and appointed, namely, to be a memorial, or a religious thankful commemoration of the sufferings and death of our dear redeemer, and a token or testimony of our communion and fellowship with him, and with all our christian brethren; an open public acknowledgment that we are his disciples, who heartily consent to the terms of acceptance laid down in his gospel, and are truly willing to submit to his just and gentle government, and to be ruled by his wise and righteous laws: let these ends regulate and lead your thoughts, and let every one say in his own mind, when he is *eating of the bread, and drinking of the cup*, and during the whole service, thus, or to this effect.

As I am seriously convinced of the truth of the christian revelation, and sensible of the great advantages I enjoy thereby in order to the attainment of true happiness in the favour of God, and the perfection of my own nature;
so

so I believe in particular that Jesus Christ came into the world, as a teacher sent from God; and after he had fulfilled his ministry upon earth, and finished the work which God sent him to do, he gave himself up to the death for us all, to confirm the divine covenant with us, and reconcile us unto God. I now call to my remembrance all that he suffered from the hands of wicked and ungodly men, the injuries that were done to him, the unjust reproaches that were cast upon him, the ungrateful and unworthy treatment that he met with, the cruel and ignominious death he was put to, tho' he was perfectly innocent and righteous; he was holy, harmless, undefiled, separate from sinners, and had gone about doing good both to the souls and bodies of men: I remember also, with what meekness and patience, what submission and resignation to the will of God, what trust and confidence in him; and with what constancy and firmness of mind, with what charity and forgiveness, he bore all the evils that were laid upon him, and all the insults, abuses, and injuries which he received from the hands of his ungrateful and merciless enemies.

But

But I consider him as having come into our world that he might thus bear witness to the truth, and seal it with his blood; and therefore was it that he voluntarily yielded himself up into the hands of his enemies, and patiently bore all these cruel effects of their rage and malice. *He was wounded for our transgressions, he was bruised for our iniquities, the chastisement of our peace was upon him, and with his stripes are we healed; the Lord laid on him the iniquity of us all; it pleased the Lord to bruise him and put him to death: and he readily acquiesced, he willingly made his soul an offering for sin; and thus was he cut off to confirm the covenant with many; and those things which God before had shewed by the mouth of all his prophets, that Christ should suffer, hath he so fulfilled.* And I do humbly reverence and adore that wise and mysterious providence that brought so much good out of so great an evil; and I do from my heart detest and abhor all sin and iniquity which Christ my blessed master so much detested, and for which he willingly fell a sacrifice; and I will sincerely endeavour, by the assistance of divine grace,

grace, to crucify the flesh with its affections and lusts, and die to sin, even as he, my gracious Redeemer, was crucified and died for it; and in all the troubles, adversities and afflictions, which I may meet with in this uncertain world; or whatever trials and persecutions I may be called to undergo on account of religion and a good conscience; I will study to imitate those virtues that shone forth so conspicuously in him, under all his great and grievous sufferings, and during the whole time of his trial, condemnation and crucifixion.

And now that I am thinking on all that flood of sorrows that came upon him; that melancholy scene of sufferings which he passed thro' for the good of mankind; and that zeal for God and pure religion, that love to the souls of men, and regard for their true and everlasting happiness, which were the great motives of this undertaking; I lift up my heart with joyful praises, and thankful acknowledgments to the God and Father of our Lord Jesus Christ, *who so loved the world, that he gave his only begotten Son, that whosoever should believe on him, and obey his laws, might*
not

*not perish, but have everlasting life; who
 spared not even his own Son, but gave
 him up to the death, as a propitiation for
 the sins of the whole world; and I can
 never sufficiently admire the height, and
 depth, and length and breadth of the love
 of Christ, which passeth knowledge, that
 appeared in this whole transaction; that
 he who was the brightness of the Fa-
 ther's glory, and the express image of his
 person, who was in the form of God, and
 had glory with the Father before the
 world was, should for us men, and for
 our salvation, come down from heaven,
 empty himself; take upon him the form
 of a servant, and fashion of a man, and
 should humble himself so far as to become
 obedient unto death, even the death of the
 cross: bless the Lord, O my soul; let
 all that is within me bless his holy
 name; bless the Lord, O my soul, and
 forget not all his benefits, who forgiveth all
 thine iniquities, and healeth all thy dis-
 eases; who redeemeth thy life from de-
 struction, and crowneth thee with tender
 mercies, and loving kindnesses. What shall
 I render to the Lord for all his benefits?
 I will take the cup of salvation, and call
 upon the name of the Lord. I love that
 blessed*

bleſſed Redeemer, and will honeſtly endeavour to live to him, who died for us and roſe again. *Worthy is the Lamb that was ſlain to receive riches, and power, and wiſdom, and ſtrength, and honour, and glory, bleſſing: for he hath redeemed us from our ſins with his moſt precious blood, and made us kings and prieſts unto God even the Father: bleſſing, and honour, and glory, and power, be to him who ſitteth on the throne, and to the Lamb for ever.*

I remember likewiſe, that this bleſſed Saviour whoſe death I am commemorating, was the mediator of the new covenant, and ſhed his blood as the ſeal and confirmation of it; and do now over the memorials of his body and blood, publicly acknowledge that I am one of his diſciples, and a willing ſubject of his kingdom; I am fully ſenſible that *his yoke is eaſy, and his burthen light*, and my conſcience approves the terms of his goſpel as moſt wiſe and reaſonable, moſt gracious and merciful and condeſcending, and I conſent to them with all my heart.

I do now profeſs my communion and fellowship with him, and am ſtedfaſtly
reſolved

resolved, by the help of his grace, to continue his faithful disciple, and to persevere inflexibly in the profession of his religion, and the obedience of his holy laws all the days of my life. And, *though now I see him not, yet I firmly believe in him, I love him in sincerity; and I do heartily rejoice in him, and in what he has done and accomplished for poor sinners, and in the hopes of that immortal happiness which he has prepared for the righteous in his eternal heavenly kingdom.*

I seriously renounce all communication *with the unfruitful works of darkness, and denying all ungodliness and worldly lusts, will carefully endeavour, thro' his gracious assistance, to live soberly, righteously, and godly in this present world:* I truly repent of all my past transgressions, and condemn myself for them, and wherein I have offended and done iniquity, I am fully purposed, with the help of God, to do so no more, but will study to form the temper of my mind, and order the tenour of my conversation in the world, as becomes the dignity of my rational and moral nature, and that pure and holy gospel which I profess to believe.

I do

I do now in the most solemn manner, and with the greatest seriousness and sincerity ratify and confirm my baptismal covenant and dedication ; I yield myself unto God, and devote myself to his service, and to the obedience of his holy laws : O Lord, ‘ I here acknowledge
 ‘ myself thy creature, and thy servant,
 ‘ a subject of thy moral kingdom, and a
 ‘ disciple of thy Son Jesus Christ ; and
 ‘ as such obliged by all the strictest ties
 ‘ of duty, gratitude, and interest, sincerely to search out and perform thy
 ‘ will, and never wilfully to offend against
 ‘ thy holy laws :’ I present myself unto thee, with all the powers of my mind, and members of my body, as an holy, living, and acceptable sacrifice, which is the reasonable service thou requirest of us, most suitable to thy nature, and agreeable to thy will : I love thee, O Lord my God, with all my heart and soul, and strength and mind, and pray that by the help of thy grace, I may be enabled to shew the sincerity of my love by keeping thy commandments : I love my neighbour as myself, and will always endeavour to do to others, what I would judge to be just
 and

and reasonable, if done to myself in the like case and circumstances; and I will study, as far as I can, to do justly to all men; to love and exercise mercy and humanity, as there is occasion: to walk humbly with thee my God; and to be useful in the world, according to the abilities thou hast given me, and the station wherein thou hast placed me, and faithful in performing the duties of my station, and of the several relations I stand in to others *.

It is also my purpose and resolution, with an humble dependance on the divine aid; to maintain a rule over my own spirit, and to keep my mind and affections, my thoughts, desires and imaginations, my sensual appetites, and all my

* Here the communicant may reflect and call to mind the various relations he bears to others, with the duties belonging to them, and engage himself to the faithful performance of them: here also he may consider the trade, business, or employment he is called to by divine providence, and resolve to be faithful and useful in it: and if he be called to serve his country in any office, civil or military, he may form purposes in his mind, to discharge the duties of his office with all care, diligence, and fidelity: and thus a good use may be made of one of our laws, which has no good tendency, and has been often abused to bad purposes; having in many instances been the occasion of profaning this institution, and exposing it to the contempt and ridicule of sceptics and unbelievers.

my animal passions, under a proper command and discipline, that so I may be always master of myself, may enjoy the clear and undisturbed exercise of my rational and moral powers, and be in a fit temper and disposition to go about any part of my duty to God or man, and perform any act of religious worship, or any office of virtue and humanity that I may be called to, or have a proper opportunity of doing: and I will likewise take heed to my words, that I offend not with my tongue, that I speak not any thing sinfully, or unadvisedly with my lips; but that my speech may be always such as becomes my christian profession, useful and improving, or, at least, harmless, innocent, and inoffensive.

But I remember also, that I am a member of the church of Christ, founded in love and benevolence; that as I am united to Jesus Christ, by faith and holiness, so I ought to be united to his church by sincere and fervent charity: I do accordingly publicly declare, that I entertain in my heart a true and cordial love to all my christian brethren, and am in unity and fellowship with all the saints, with all who

are of the household of God, and belong to that great body of which Christ is the head: I love all who love the Lord Jesus in sincerity, and call upon the name of the Lord out of a pure heart. I do sincerely and willingly forgive all who have offended or injured me, and have no hatred, malice or revenge in my heart against any of my neighbours or brethren; and if in any instance, I have injured or offended any others, I am willing to be reconciled; willing to give them all reasonable satisfaction, and make them all just and equitable reparation, as far as lies in my power.

And, if I know my own heart, I detest all imposing, dividing, and persecuting principles and practices: and am disposed to bear with, and forbear others, in love, to keep the unity of the spirit in the bond of peace, and to hold communion in the worship of God with all who make a credible profession of christianity, upon the gospel terms of communion, as God offereth opportunity: I do not by this action enlist myself in any party, but only in general profess myself a christian, and declare my resolution to pursue with steadiness and constancy, that

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which

which is the great design of the gospel and of its institutions, namely, the sincere practice of piety and virtue.

As an important branch of communion of saints, I do also sympathize with all who are in distress or misery of any kind; I pity the poor and needy, and those who have none to help them; I commend all such to the care and protection, to the patronage and guardianship of the divine providence; and am willing myself to help them, and contribute to their support, ease, and relief as far as I am able, and I am disposed to bear with the infirmities of others and put the most favourable construction on their words and actions liable to doubt which they will admit of.

All these things I do truly and sincerely profess, and will carefully endeavour to observe and perform by the assistance of the holy spirit, which God, by the mouth of our Saviour, hath graciously promised to those who ask it from him by fervent prayer and supplication, and are willing to concur with his wise and kind operations on their minds.

When the whole service is over, and after you are gone home, or in the evening

ing of that day, or any convenient time after, retire by yourself, and reflect on what you have been about in some such meditations as these.

I have now in a solemn manner avouched the Lord to be my God, my ruler and governor, my chief good and happiness; and myself to be his servant and a subject of his moral kingdom, and faithfully to keep all his commandments, and walk in his ways; I have devoted myself to the service and obedience of the living and true God, and engaged myself to live and act as becomes a disciple and follower of his beloved son Jesus Christ my Lord; and to maintain and exercise brotherly love and affection towards all my fellow christians, and charity to all men: when I reflect, I cannot but approve of what I have done, and do not repent of the choice I have made; and therefore what I have vowed and sworn, I will sincerely endeavour to perform, even to keep God's righteous judgments; and may he graciously vouchsafe me the assistance and conduct of his holy spirit to enable me so to do, that I may abide in Christ, and walk even as he walked, and that obeying from the heart the doctrine

and precepts he hath taught us, and having the same mind in me that was in him, and walking in love, even as he loved us, and gave himself for us, a sacrifice and an offering unto God of a sweet smelling savour, I may at length finish the course of my pilgrimage in this world with peace and joy, and be admitted to partake of that glory and happiness which he hath prepared for the faithful.

And then address yourself to God in this or the like prayer.

A Prayer to be used in private after one has received the communion, extracted from the late Reverend Mr. GROVE.

GREAT and marvellous are thy works, Lord God Almighty! what then art thou whose power hath produced and sustains, whose wisdom hath contrived and directs, and whose goodness provides for and crowns them all? I praise thee, O my God, with all my heart, that, having made of one blood
all

all nations of men to dwell on all the face of the earth, and determined the times before appointed, and the bounds of their habitation, that they should seek the Lord, if haply they might feel after him, and find him, thou hast in the course of thy providence so ordered the circumstances of my birth and education, that I should be a partaker of the grace of the gospel from my early years, and know the wonderful works of God, even those things which many prophets and kings desired to see and hear, and did not obtain their desire.

For all my powers and faculties, O Lord, as I am a reasonable and moral agent; for all the instances of thy fatherly care; for all the effects of thy common bounty and goodness in the course of my life, I bless and magnify thy holy name; but more especially for thy distinguishing grace and mercy in Jesus Christ, in whom, while I rejoice and glory, I cannot forget to pray that all mankind may enjoy the same happiness, and the whole world know that thou hast so loved them as to give thine only begotten Son, that whosoever believeth in

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him,

him, so as to obey his laws, should not perish, but have everlasting life.

Hear, O most gracious God, the prayers of thy faithful people, for the enlargement of that kingdom of truth and righteousness, which thou hast set up among men, that the religion of Christ may be professed and practised in its greatest simplicity: grace be with all them that love the lord Jesus in sincerity; may the number of such be continually increased; may their consolations abound; may the multitude of them that believe be of one heart, and one soul; and may the church of Christ appear to be the school where immortal souls are trained up for the more perfect worship and the everlasting felicity of the heavenly world.

Grant, O Lord, that I may not receive thy grace in vain, that it may not be in vain that I have been so fully taught the way of the Lord, have had both external and internal assistances, and every sort of encouragement to abound in all the fruits of righteousness and goodness and truth, to thy glory and praise: forgive, O merciful Father, the many unsuitable returns I have made to thee for thy great goodness towards me, the numberless

numberless obligations thou hast laid me under, and the repeated engagements I have taken upon myself: O forgive the coldness of my love, my sloth and inactivity, the small proficiency I have made in the virtues of the christian life, with the advantage of so excellent a rule, so perfect an example, so free an access to the throne of grace, such powerful aids, and the prospect of so glorious a reward.

O may the consideration of thy readiness to pardon, fill me with an ingenuous hatred and detestation of all sin; that my abhorrence of sin, and care to avoid it, and all occasions of it, or temptations to it, for the future, may be a satisfying proof that all my sins are forgiven me, through the redemption that is in Christ, whose death I have been commemorating and shewing forth in his supper. And may the God of peace, who brought again from the dead, our Lord Jesus Christ, the great shepherd of the sheep, through the blood of the everlasting covenant, make me perfect in every good work, to do his will, working in me that which is pleasing in his sight, and fulfilling in me all the good pleasure of his

goodness, and the work of faith with power.

Help me to carry in mind the design of one duty to dispose me for another, and of all the instrumental duties of religion, to beget, and strengthen those excellent principles and habits of goodness in my soul, by which it will be more and more ripened for the life of heaven: by faith may I be able to see him who is invisible, and always to walk as in his presence; and may I be more and more affected and influenced by the contemplation of an absent Saviour in every view of him.

While I meditate on the blessed Jesus, enduring the contradiction of sinners, and humbling himself unto death, even the death of the cross, may I be instructed what to expect in the present life, and after what manner to behave under all the sufferings and afflictions of it; and may a risen and exalted Saviour elevate my heart above all the vanities of this transitory state of things, to that happy world, whither he, my Lord, and the fore-runner of all the faithful is gone; that I may know him and the power of his resurrection, and count all things but

but loss, for the excellency of the knowledge of Jesus Christ, for whose sake, may I be willing to suffer the loss of all things, should I be called to it, not counting my life dear to me, so I may finish my course with joy.

Give me, O Lord, to feel more of the mighty power of thy grace, concurring with the gospel of thy Son, to mortify every inordinate desire, to confirm every good purpose, to purify and regulate my affections, and to change my whole soul more and more into a divine image and likeness; by that grace let me be enabled to overcome all temptations to sin, and to keep a conscience void of offence both towards God and man: let my love to thee be superlative, and though I cannot expect it should ever be equal to thy excellencies and benefits, yet may it bear some proportion to my powers and capacities, that I may love thee with all my heart and soul, and strength and mind; that my devotion may be sincere and fervent, my resignation willing and entire, and my obedience universal and cheerful, constant and uniform, always increasing and going on to perfection.

May I be just and charitable towards men, kindly affectioned, ready to do good and communicate, as I have power and opportunity, behaving myself towards all with a mild, peaceable and christian spirit: and with respect to myself, may I be sober-minded, poor in spirit, and pure in heart; and though I cannot expect to be free from all mental irregularities, yet may I be daily gaining ground upon them, always opposing every inclination that is contrary to my duty, or tends to retard my progress in virtue; may I study to have my conversation without covetousness, or any anxious cares about the world, and be content with such things as I have, and may I learn to deny myself, and to be temperate in all things.

Help me to bridle my tongue, and take heed to my words, that I may never speak any thing sinfully or unadvisedly with my lips, and may I be an example of patience, meekness, humility, and every thing that is lovely, virtuous, and praise-worthy, that I may come behind in no good thing, looking for the mercy of our Lord Jesus Christ unto eternal life: that so, when I shall have done the work which thou hast
given

given me to do, and suffered all that thou
 hast thought meet for the trial of my
 faith, and hope, and submission to thy
 will, I may finally inherit the promises
 which thou hast made to us in Jesus
 Christ our Lord and Saviour. *Amen,*
Amen

To which he may add the following
 short Prayer from the late Reverend
 worthy and judicious Doctor JEFFERY
 of Norwich.

O God, our heavenly Father, who
 hath purchased to thyself an uni-
 versal church with the precious blood of
 thy dear Son! mercifully look upon the
 same, sanctify and rule it with thy holy
 spirit; unite the hearts of all christians
 in true religion and brotherly love; rescue
 the religion of Christ and the lives of
 christians from those corruptions, which
 have been any where introduced, by
 length of time, decay and piety, and by
 the designs of wicked and unreasonable
 men, take away all offences and scandals,
 divisions and dissensions, tyranny and
 usurpation over the minds and consciences
 of

of men; and restore piety and virtue, peace and charity, and let the gospel of our Lord Jesus Christ run and be glorified. *Amen.* So come Lord Jesus.

Glory be to God on high, in earth peace, and good-will amongst men.

May all envy, and malice, and uncharitableness, cease amongst those who call upon the name of our Lord Jesus; and may the peace of God rule in their hearts, to which they are called in one body.

Blessing, honour, and glory be unto God, through Jesus Christ, who hath redeemed by his blood men of all nations from sin and misery: and may our sincere celebration of God in him, here on earth, be compleated in the highest transports of thanksgiving, praise and adoration, in heaven, for ever and ever. *Amen.*

POSTSCRIPT.

OF SELF-EXAMINATION.

IT was observed in pages 38, 39, of the preceding explanation of the end and design of the Lord's Supper, that when St. Paul exhorts the Corinthians to examine themselves, and so to eat of the bread and drink of the cup, according to the design of that institution, there is no reason to suppose that he intended to bind christians to enter into a particular examination of the whole past course of their lives every time that they design to partake of the Lord's Supper; that yet it would be very useful, and consequently very fit and proper to do it sometimes; it is therefore proposed to spend a few pages in explaining a little the duty of self-examination, which shall be done under the following heads. 1st. We shall shew what is the rule by which we should examine ourselves. 2d. What are the several particulars concerning which we should make inquiry. 3d. In what manner should this inquiry be made.

made. 4th. What are the proper seasons of doing, and then conclude with representing in a few words the advantages of frequent self-examination.

1st. As to the first of these, namely, the rule by which we should examine ourselves, that is, and can be no other than, the laws of God, our supreme governor and judge, whether made known to us by the light of nature, or by supernatural revelation, both which are contained in the books of holy scripture, and particularly in those of the New Testament, wherein the whole of our duty as christians is clearly and plainly laid before us, together with the most powerful motives to excite us to the performance of it. These are the rules of our religion, as we are christians, by which we should form the temper of our minds, and order our conversation in the world, and by which we shall be judged in the great day, and are therefore the only proper rule by which we should examine and judge ourselves now; and this is so plain a case that it need not be farther insisted on.

We go on therefore to the second head, namely, the several particulars concern-

concerning which we should make an inquiry: and these may be represented in the following order.

In the first place, let us examine ourselves concerning the duties we owe to Almighty God our great creator and gracious preserver, our supreme governor and judge; and let us inquire at our own hearts, whether our temper and behaviour towards him has been such as becomes depending creatures endowed with rational and moral powers, towards their creatures and sovereign Lord?

2d. We should examine ourselves likewise concerning the duties we owe to one another, and to all men, as we are social creatures, living in society, members of the great community made up of all mankind, and standing in various relations to others, and inquire whether our temper and conduct towards others has been such as becomes our social nature, and might justly be expected from those who are endowed with social and friendly affections?

3d. We should examine ourselves farther concerning the duties we owe, every one of us to ourselves, in the due command and government of our passions and

and appetites, and the just improvement of our rational and moral powers, and the noble affections which God hath implanted in our nature; and inquire whether we have maintained a rule over our spirits, and a proper discipline over our minds, and endeavoured to perfect ourselves more and more in all moral excellence?

4th. We should proceed next to examine ourselves concerning the duties we owe to the Lord Jesus Christ as our mediator and advocate, our Saviour and Redeemer, and, by the appointment of the Father, our Lord, our lawgiver and our judge, and enquire whether our temper and conduct towards him has been such as becomes the disciples of such a master, the servants of such a Lord, and the beneficiaries of such a kind and generous benefactor?

5th. In like manner we should examine ourselves concerning the duties we owe to the holy spirit of God, our sanctifier and guide; and inquire whether our temper and conduct has been such as becomes the temples of the Holy Ghost, and those who are assisted and led by him, and enjoy his gracious influences?

6th. We

6th. We should examine ourselves concerning our observance of the instrumental duties of religion, and the christian institutions, for these are not to be slighted or despised, nor will they be neglected by a good christian; we should therefore review our conduct with relation to our attendance on the duties of public worship and instruction; our sanctifying the Lord's day, spending it in a religious manner, and suitably to the design for which it is set apart, our celebrating, as there is occasion and opportunity, the institutions of Baptism and the Lord's Supper: as also whether we are careful to worship God in and with our families, and likewise in secret by ourselves.

7th. And whereas there are certain general qualifications that should run thro' all our religious performances, and all the christian and moral virtues, we should diligently look into our own hearts, and inquire whether our obedience to the laws of God and the precepts of our religion be sincere and from the heart? Whether it be uniform and universal? Whether it be constant, steady and persevering? Whether it be performed

ed with delight and chearfulness, with zeal and fervency, with courage and resolution, and accompanied with wisdom and understanding, with prudence and discretion?

And lastly. Whereas there is no man who liveth here, and sinneth not, and in many things we offend all, and some wilfully, deliberately, and habitually, we should therefore look narrowly into our own hearts, and examine strictly, whether we have truly and sincerely repented of our wilful transgressions, and deliberate offences? Whether we have forsaken our wicked ways and unrighteous thoughts, and returned unto the Lord and to the paths of righteousness? Whether we have subdued the vicious habits we had contracted, and broken the dominion which sin had formerly over us, and have now acquired the habits of piety and goodness, and universal righteousness: we should inquire farther whether we be daily striving against our infirmities, and gaining ground of them. Are we endeavouring to bring forth fruits meet for repentance, to correct and reform what we may observe to be amiss in our temper or conduct; and are we

we daily going on to perfection, and making a constant progress in holiness and virtue, and all good works? or, are we yet under the power and dominion of any sin, yet in the gall of bitterness, and bond of iniquity, delaying our repentance from time to time, putting it off to a more convenient season, and suffering our hearts to be hardened through the deceitfulness of sin, or running the round of sinning and repenting, and then sinning again?

These are only general heads upon which we may examine ourselves; particulars must be left to the reader's private thoughts and meditations, every one being best acquainted with the plagues of his own heart. But if any would desire to have an account of the several duties comprehended under the general heads that have been mentioned, we shall refer them to the two catechisms which we published some years ago; and if they read over in the larger one from page 31 to the end, or the third part of the small one, they will find, 'tis hoped, such materials as may assist them in a more particular examination of themselves, when they are disposed

disposed to enter into such an inquiry, they may also consult the fourth chapter of Mr. Matthew Henry's Communicant's Companion, which reaches from page 50 to 73, of the Dublin edition.

Now as to all these heads of examination, whether general or particular, we should examine ourselves most impartially, and give conscience free liberty to judge, and upon that either to accuse and condemn, or to acquit and absolve, according as there is ground and reason for the one or the other.

And when we thus call ourselves to an account, and set our sins in order before us, we should at the same time reflect upon the heinousness of them, and all the aggravating circumstances with which any of them have been attended: as for instance, that we have sinned against the light and checks of our own consciences, against our solemn vows and resolutions to the contrary, and notwithstanding the advantages we have enjoyed for our improvement in spiritual and moral perfections, and the great motives which are set before us to excite us to the practice of virtue, and encourage us in a course of christian obedience.

obedience. But for more particulars of this kind, the reader may consult the assembly's larger catechism in answer to question 151.

And the end and design of all this examination of ourselves should be, that we may humble ourselves before God under a sense of our sins, and turn unto him with all our hearts, that we may reform whatever is or has been amiss in any respect, and be more exact, more watchful and cautious for the time to come; and that if upon such examination we find reason to approve our conduct and temper, if our hearts condemn us not of wilful and habitual sin, but we are conscious of our own sincerity, integrity and uprightness before God, then we may take the comfort of it, and rejoice in the hope that we shall be accepted of him; then let us thank God for his gracious assistance whereby we were enabled to do his will, and serve him in sincerity and truth, let us humbly implore the continuance of his grace, and encourage ourselves to go on with constancy and perseverance, with joy and delight, in the ways of the Lord, perfecting holiness in his fear, and daily adding

adding to our faith and profession of religion, fortitude and firmness of mind in the practice of it; knowledge in the grounds and reasons of it, and prudence in our conduct; temperance and moderation in the use of sensual and worldly enjoyments; patience under adversities or afflictions we may meet with; godliness in all its branches, having an habitual sense of God upon our minds, a superlative love to him in our hearts, and an entire and willing resignation of ourselves to him in all things joined with a sincere and fervent love to our christian brethren, and an universal charity and good will to all men: that these, and all other christian virtues being in us and abounding, we may not be barren or unfruitful in the knowledge of Christ, may never fall away from the true religion, or lose the favour of God, and may in God's good time have a joyful entrance ministered to us abundantly into the everlasting kingdom of our Lord and Saviour Jesus Christ.

The 3d. general head that was proposed in treating of this duty was, what manner this inquiry should

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made? which in a few words should be thus, first, with attention and composure of mind; second, with a previous address to God for his assistance in the review we propose to take of our past conduct; third, with the utmost impartiality; and fourthly, as fully and particularly as we can. After which should follow suitable confessions, prayers, thanksgivings, acts of repentance, sorrow, contrition, and resolutions of amendment and new obedience; and especially restitution and reparation in case of injustice or injury done to others in any kind.

The 4th. general head was, to shew what are the proper seasons of self-examination? to which we answer in the following particulars. First, the morning and evening of every day are very proper seasons for a short review of ourselves, and a few serious reflections on our temper and behaviour. The usual bent and turn of our thoughts when we are awake upon our beds, is a great indication of the prevailing temper of the mind; if the thoughts run upon what is good, or at least innocent, it is a sign that the mind is good, and the heart

heart is right; but if the thoughts go out after what is evil, or sensual or worldly, it is much to be feared that the mind is evil, and the heart is corrupted with sensual and worldly affections: now it will be our wisdom to reflect in the morning what has been the subject of our thoughts and meditations in the intervals of sleep, or before we fell into it, or after we awoke out of it, that we may learn to correct what was wrong, to give our minds an habit of thinking right, and so maintain a discipline over our thoughts till they get a pious, virtuous and religious turn, and the affections come to be set upon God and goodness, upon religion and moral excellence. And again at night, when the business of the day is over, it is very proper that we reflect upon the actions of the day, and examine what have we done which we ought not to have done? what have we neglected or wilfully omitted, which we ought to have done? what have been our intentions and motives of our actions? and what has been the prevailing inclination and tendency of our affections? hereby we shall know every day what

what has been amiss in our conduct, that we may correct it, and reform, and be more watchful and circumspect for the future: and what has been right and good and commendable, that we may rejoice in it, bless God for it, and endeavour to cultivate and improve it more and more, and be daily going on to perfection.

2d. Another more proper season of recollection and self-examination is, before and after our attendance on public worship on the Lord's day, or other occasions. Our design in going to church is, or should be, to join together in offering up our prayers, supplications, intercessions and thanksgivings to the God of the universe, and to receive instructions, admonitions, and exhortations, for the right conduct of life; now in order to perform these religious duties in an acceptable manner, and so as to profit by them, and be helped forward in the way to heaven and happiness, it is highly requisite that we go about them with due preparation of mind; and to that end we should reflect beforehand, and call ourselves to an account, that we may have our sins in remembrance when

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we make confession of them to God in the general words used by the minister for all to join in, and profess our repentance and resolutions of amendment; and the like with respect to our wants, for which we would desire a supply, and the good things we have received, or do enjoy, for which we would give thanks; we should inquire likewise whether we have a charitable and benevolent frame of spirit towards all men, without which our public intercessions for others are but a lip-service, and matter of form; and we should inquire also whether we go with a teachable and unprejudiced mind, with an honest and good heart, truly willing to be instructed, admonished, put in mind of our duty, and exhorted to the practice of it, and to a patient continuance in well doing; in a word disposed to know the will of God, and to do it? and after we come from church, we should reflect on what we have been about, and inquire at ourselves, what was our behaviour in the house of God? did we drop our attention, and suffer our thoughts to rove and wander, or settle on something quite foreign to the business in hand? or were

we grave, serious and attentive? did we join with true affection, and a becoming fervency in the several parts of worship? and did we hear the several instructions which were laid before us, and the exhortations which were given us, with due attention of mind, and with a sincere resolution to put in practice what we were convinced to be our duty? these and the like reflections before and after our attendance on public worship, would serve to render those religious exercises the more effectual to the ends and purposes of their institution.

3d. Another fit season for self-examination is before and after receiving the Lord's Supper, by which however we do not mean that one should enter into a long examination of his whole past life every time that he intends to receive the communion, this being unnecessary, as has been observed in the preceding discourse; but we may reflect upon our conduct since the last time we received; and did the ancient custom of celebrating the communion every Lord's day now obtain, this head would coincide with the former; but as that custom has been long out of use, and christians have the

opportunity of partaking of the Lord's Supper, only at certain times, and after pretty long intervals, it seems very proper on such occasions, to look into our hearts, and review our conduct, and the prevailing temper of our minds, since the last time we joined in celebrating that institution.

4th. When any affliction or calamity is lying upon us, or hanging over us and likely to befall us, it is very fit that we should examine ourselves, and inquire what is there, or has there been, in our temper or conduct that needs to be corrected, that we may humble ourselves under the mighty hand of God, and turn to him that smites us, or threatens to punish us.

5th. When we have received a deliverance from any trouble or affliction we laboured under, or have met with any uncommon instance of the divine favour and mercy, it is very requisite that we reflect how we behaved under our trouble, or the danger we were in, how we improved it to the purposes of religion and the reformation of our morals? with what temper of mind we received the deliverance? and what grateful

ful impressions we have of the divine goodness in the kind interposition of his providence in our behalf?

And lastly, When we observe any symptoms of our approaching dissolution, and have reason to apprehend that the time of our departure out of this world is drawing near, then is a very proper season for the duty of self-examination ; to delay repentance from time to time, and put off the practice of religion, the practice of virtue and well-doing, to the close of life, or to trust to a death-bed sorrow, are indeed most fatal delusions ; but though the main tenor of the conversation, and the prevailing temper of the mind, has been holy and virtuous, and the heart upright and sincere, yet so many slips and failings, defects and imperfections are apt to attend even very good men, that it will be very proper to call ourselves to an account when we have reason to judge that death cannot be far from us, that while there is yet some little time before us, we may employ it in correcting any thing that has been wrong, and taking the comfort of what has been good and right in our conduct, and in perfecting ourselves more

and more in all these holy and divine dispositions which render us like to God, and fit for the society of the holy angels, and the spirits of the just who are gone before us ; so shall we withdraw our affections from earthly enjoyments, and reconcile our minds to the thoughts of death, and that blessed state, which is prepared for the righteous (into which death is the entrance) where we shall be ever with the Lord, and be perfectly holy, and perfectly happy in the enjoyment of God to all eternity.

And now after what has been briefly said under the four heads which were proposed in treating of this subject, we need not use many words to shew the usefulness of frequent self-examination, and the advantages that may accrue from it towards our progress in moral perfection. We all know, and profess to believe, that there is a future state of rewards and punishments, and that in order to that we shall all of us be called to an account before the righteous judge of the world, who will bring every work into judgment with every secret thing, whether it hath been good, or whether it hath been evil : now since
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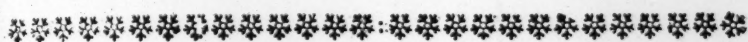
every one of us must give an account of himself to God, it is highly reasonable, and it will be our wisdom and interest, to call ourselves often to an account, and bring our whole conduct, whether open or secret, into judgment before the tribunal of our conscience, and by this means we shall know ourselves and the moral state of our minds, and be able to form, at least, a probable judgment how we stand with respect to the favour or displeasure of God, our supreme governor and judge: for if upon such examination in the court of conscience, our hearts condemn us not, but approve of us, as sincere and upright, then have we confidence towards God, and ground of rejoicing in any state of life, a good conscience being a continual feast; but if our hearts condemn us, then, much more may we expect that God will condemn us, who is greater than our hearts, and knoweth all things; but yet there is hope concerning us, for there is room for repentance; and if, while there is time and opportunity, we confess our sins and forsake them, and walk in newness of life, if we abstain from evil and do good, and persevere in

well-doing for the future, God is faithful and just, gracious and merciful to forgive us our sins, and cleanse us from all unrighteousness.

By a due and frequent self-examination we shall be disposed also to entertain modest and humble thoughts of ourselves, charitable and favourable thoughts of others, and to forgive the offences of our brethren against us, and make allowance for their frailties and weaknesses, as being conscious in how many instances we ourselves have offended, and need forgiveness both from God and man. It will be a means likewise to keep our consciences tender, and preserve us from hardness of heart, and boldness in sinning; and it would serve to make us sensible of the great patience and long-suffering of God, who still bears with us, notwithstanding the many sins and provocations we find ourselves to be chargeable with, and daily liable to; and in one word, it will be a good means to lead us to repentance and amendment of life, and a continual progress in holiness and virtue; and excite us to a due care and solicitude to please God, to obey him in all things, and to
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approve ourselves in well-doing to his all-seeing eye.

Here follows a few forms of prayer for the use of those who may need such helps.



A prayer for a family on the Lord's day morning.

WE humbly adore thee, O Lord, as the creator, preserver, and governor of the whole world, and celebrate the praises of thine unerring wisdom, thy most perfect goodness, and Almighty power, which every where appear in all the works of thine hands, and the dispensations of thy providence towards all thy creatures: great and marvellous are thy works, Lord God almighty, just and true are thy ways, O thou king of saints; who shall not fear thee, O Lord, and glorify thy name, for thou only art holy: all nations shall come and worship before thee; for thy judgments are made manifest. Thou art great, and greatly to be praised, thy greatness is unsearchable,

and thine understanding infinite: all thy works do praise thee, and it becomes thy saints to bless thee, for thy works are manifold, O Lord, in wisdom thou hast made them all, and the earth is every where full of thy riches: thou art good, and doest good, and art continually dispensing the blessings of thy goodness in suitable proportions to all thy creatures.

We acknowledge with all reverence and humility, our entire and constant dependence on thee, and thankfully rejoice in thy government over us, and in all the blessings of thy providence, of which we have been daily partaking, ever since we came into the world; we have tasted and seen that thou art good, we have had experience of thy goodness in the land of the living: it is by thee we have been brought into the world, and hitherto supported and upheld, and it is to thee we are indebted for life and breath, and all things; for our rational and moral powers, and all the faculties and affections of our nature, whereby we are capable of becoming like to thee, and rising to high degrees

degrees of perfection and happiness in another state.

It is to thy free and undeserved goodness we owe all the advantages we enjoy by the gospel revelation, which is so wisely calculated to promote the true happiness of man, and carry him forward to the proper perfection of his nature; we rejoice in the light of that holy gospel, and that we see the way to be happy by the doctrine and example of thy beloved Son; we bless thee for that most gracious covenant which thou hast established with us in his blood, wherein are given to us great and precious promises upon the most reasonable and condescending terms, and the most effectual helps and encouragements to the practice of holiness and virtue, and a patient continuance in well-doing; these things we cannot but esteem as greater blessings than thousands of gold and silver; they are the joy, support, and satisfaction of our hearts; Lord, let it be unto thy servants according to thy word, and incline our hearts to do thy will.

We praise thee also for the resurrection of our blessed Lord from the dead, whereby he was declared to be
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the Son of God with power, we rejoice in his triumphant ascension on high, and exaltation at thy right hand; angels, authorities and powers being made subject to him: and we bless thee for the coming of the holy ghost in his miraculous gifts and powers; for the success and propagation of the gospel, notwithstanding the opposition it met with; and that in thy good providence it hath reached our ears who dwell in these remote parts of the earth; blessed be God that the sound of this gospel is heard in our land, and we walk in the light of thy countenance; that we have the free exercise of our religion, and can assemble ourselves together for thy worship and service, and our instruction in the doctrines and duties of christianity, on this thy holy day, as oft as it returns.

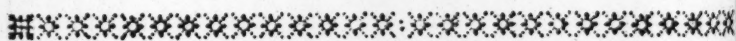
Dispose our minds, we beseech thee, to a serious attendance on the duties of thy worship, and let us not rest in the means without attaining the end, or in an external form of godliness, without the life and power of it; but let our prayers and devotions be effectual to preserve and cherish good affections in our hearts, and let the truths we shall hear
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engage us to a farther progress in all holiness and virtue : and be thou graciously present this day in all thy churches, let thy blessing and the aids of thy spirit go along with the preaching of the word, and all the ministrations of the gospel, and let much good be done every where by those means of grace which thou hast appointed, that sinners may be converted unto thee, and that saints may be built up more and more in faith and holiness.

Thou hast been graciously pleased to grant us a refreshing rest to our frail bodies, and bring us safely through the darkness of the night, to behold the light of another day; for which we praise and bless thy holy name ; may it please thee to continue the care of thy providence over us throughout this day, and may we, and all in whom we are concerned, be kept in safety under the shadow of thy wings : forgive us all our past offences upon the terms of thy Son's gospel ; and let not our iniquities separate between us and our God ; may our hearts be right in thy sight, sincere and pure before thee, and steadfast in thy covenant, and let us be graciously accepted
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in Jesus Christ thy well-beloved, whose we are, and whom we serve, and in whom we desire ever to be found, living and dying. In the comprehensive words which he hath taught us, we continue to pray for ourselves, and for all mankind.

OUR Father, who art in Heaven. Hallowed be thy name. Thy Kingdom come. Thy will be done in earth, as it is in Heaven. Give us, this day, our daily bread, and forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the Kingdom, the Power, and the Glory, for ever and ever. *Amen.*



A prayer for a family on the Lord's day evening.

MOST gracious God, and merciful father in Christ Jesus our Lord, we draw near to thee this evening of thy holy day, to renew our praises

praises and thankful acknowledgments
 to thy divine majesty, for thy great
 goodness to us, and to all the children
 of men, on whom thou hast bestowed
 innumerable favours and blessings, out
 of thy free bounty and loving-kindness:
 we are thine and not our own, thou hast
 made us, and not we ourselves, we are
 thy people and the sheep of thy pasture,
 we have been the objects of thy fatherly
 care and kind providence ever since we
 came into the world: and we acknow-
 ledge with all gratitude and humility,
 that goodness and mercy have followed
 us through the whole course of our lives
 past, even to this day, and that from
 thy bountiful hand we have received
 many blessings and benefits which are
 exceeding great and valuable, of the least
 of which, we confess, we are altoge-
 ther unworthy: forgive us, we beseech
 thee, all the ungrateful and unworthy
 returns we have made to thee for all thy
 goodness, and may thy patience and for-
 bearance lead us to a sincere repentance,
 and engage our hearts to the love of
 thee our God above all things, and to
 the constant practice of righteousness and
 virtue all the days of our lives.

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We bless thee that we can celebrate this day which is set apart for the purpose of public religious worship and instruction, as oft as it returns, and that we have been permitted to assemble ourselves together with our christian brethren, to worship thee the great creator and governor of the world, in the name of our common redeemer Jesus Christ thy Son, and to receive some instructions and exhortations from thy holy word, for our improvement in all holiness and virtue: how amiable are thy tabernacles, O Lord of hosts? we esteem a day in thy courts, better than a thousand, and would rather be door-keeper in the house of our God than dwell in the tents of wickedness.

Give us grace, we beseech thee, to make a proper improvement of what we have been hearing and doing, that we may be daily growing in grace, and in the knowledge of Jesus Christ, and be fruitful in all the works of goodness, and righteousness and truth, to thy glory and praise, and the carrying forward our own salvation and happiness.

Mercifully overlook whatever thy pure and holy eyes have seen amiss in our religious

religious performances, or in any part of our conduct this day, and accept of our sincere endeavours to serve thee, and glorify thy name, however weak and imperfect they have been; and if any good impressions have been made upon our minds, may they abide with us, and have a proper influence upon our temper and conduct: and let us be always possessed with such a serious sense of thy being and perfections, of the wisdom and equity of thy administration, of the reasonableness and excellency of religion, and the certainty of a future state of rewards and punishments, as may effectually restrain us from every thing that is evil, and excite us to study above all things to approve ourselves to thee by the conscientious practice of every thing that is good and acceptable in thy sight, and may render us in some measure like to thee, the standard and original of all perfection, and fit for the glorious society of the holy angels, and the spirits of the just made perfect.

Help us, O Lord, against our manifold infirmities, and secure us against the snares and temptations to which we are exposed; let us be daily increasing in all the

the christian virtues, and abounding in every good word and work, and let us be filled with that wisdom which is from above, that is pure and peaceable, gentle and easy to be intreated, full of mercy and good fruits, without partiality and without hypocrisy. May we carefully endeavour to adorn that holy religion we profess by a truly christian temper and conduct in all things, and let us (as becomes thine elect, holy and beloved) put on bowels of mercies, kindness, humbleness of mind, meekness, long-suffering, and forgiving one another, as Christ forgiveth us; and let us, above all, put on that large and open and charitable frame of spirit, which is the most perfect bond of christian union; may the peace of God rule in our hearts, and the word of Christ dwell in us richly in all wisdom, and whatsoever we do, whether in word or in deed, let us do all in the name of the Lord Jesus; giving thanks always, for all things, unto thee, even the Father, by him: let us have no fellowship with the unfruitful works of darkness, but rather reprove them by the purity of our manners, and the holiness and goodness of our lives, and to

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that end let us walk circumspectly, wisely and watchfully, redeeming the time, and readily embracing all proper opportunities of doing good, and improving our minds in moral and spiritual perfection; that so passing through this world innocently and usefully, we may in thy good time finish our course with joy, and be admitted to partake of that glory and happiness which thou hast prepared for the faithful disciples of thy Son.

And thou, O God, who art the creator and preserver of all men, we would humbly offer up our prayers unto thee for all sorts and conditions of men, that it may please thee to continue the care of thy government over the world which thou hast made, and to dispense the blessings of thy goodness to all men in all parts of the earth; and particularly that it may please thee in thy good time to communicate the knowledge of the christian religion in its truth and purity unto all nations, that the kingdoms of the world may become the kingdoms of thee the one true God, and of thy Son Jesus Christ; and there may be great peace and happiness in all lands by obeying the laws of the prince of peace: let

let every thing be happily taken out of the way that is an hindrance to the success and propagation of the gospel, let the christian churches be purged of every thing that offends, or tends to bring a reproach on the christian name; may the truth as it is in Jesus prevail everywhere, and be embraced in the love of it, and have a proper influence on the hearts and lives of all who entertain and profess it.

Be favourable to these lands of Britain and Ireland, wherein we dwell, and the dominions thereto belonging; continue to us, if it be thy will, the enjoyment of our civil and religious liberties, with our public peace and tranquility, and our healthful and fruitful seasons; and may we shew our gratitude for these valuable blessings by the holiness and obedience of our lives.

Bless our king upon the throne, and all the royal family, protect them by thy providence, guide them with thy holy spirit, and may they be shining examples of piety and virtue to all about them: direct all who are in authority under the king, and over us; may they rule in thy fear, as knowing they must give

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 thority, lead peaceable and quiet lives
 all godliness and honesty. Give suc-
 ss to the labours of all who preach
 e gospel of thy Son in its truth and
 mplicity, and may pure and undefiled
 igion, and the power of godliness,
 oush and prevail in all the churches,
 d be visible in the lives and conversa-
 on of christians. Have mercy upon
 ose who labour under any kind of
 iction, trouble or distress, whether
 mind, body, or outward circumstances,
 d do them good as their various cases
 d necessities require; bless our friends
 d relations; requite the kindness of
 ur benefactors; and if we have any
 emies, Father forgive them: be gra-
 ous to us of this family, may we all
 e dutiful and faithful to one another,
 ording to the relations we are in;
 may those who are young remember
 heir creator in the days of their youth]
 d may it please thee to continue health
 d peace among us, and to compass
 with thy favour as with a shield.

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And now, O Lord, we thank thee for the protection of thy providence over us this day, and that by thy good hand upon us we are safely brought to the conclusion of it ; impute not to us any of the failings or infirmities of the day, and if thou hast seen sincerity in our hearts, accept of us graciously in Jesus Christ ; take us and all in whom we are concerned, into thy care and keeping throughout the night and bring us in safety, if it be thy will to the light and comforts of another day fitted and disposed for the duties and events of it. These our prayers and supplications we humbly present to thee divine majesty in the name and as the disciples of thy Son Jesus Christ our Lord, and in the comprehensive words which he hath taught us, we sum up all our requests both for ourselves and others :

OUR Father, who art in Heaven
Hallowed be thy name ; may thy
Kingdom come ; and thy will be done
earth, as it is in Heaven. Give us, day
by day, our daily bread, forgive us our
trespasses, as we forgive them that trespass

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as against us. And lead us not into
temptation, but deliver us from evil.
For thine is the Kingdom, the Pow-
er, and the Glory, for ever and ever.
Amen.

prayer for a family on any other day
of the week, and which may serve
either for morning or evening.

O Lord God Almighty, the maker,
preserver, and governor of the
whole world, on whom we, and all
creatures, continually depend, and to
whom we are subject and accountable;
we acknowledge and adore thee as our
Lord, our Lawgiver, and our Judge,
and our most merciful Father in Christ
Jesus thy Son: we come unto thee in his
name, believing that thou art, and art
the rewarder of them who diligently
seek thee: we present ourselves before
thee in thankful acknowledgment of thy
goodness to us, and to all thy creatures,
and worship thy divine majesty with re-
verence and godly fear, and by prayer
and supplication with thanksgiving to
offer

offer up our requests unto thee, who art the hearer of prayer, able and willing to help us.

We are all of us thy creatures, whom thou hast formed after thine own image, and made capable of knowing thee from whom we come, and the relations we stand in to thee as our moral governor and judge, and to the rest of mankind as members with us of the same community, and fellow subjects of thy moral kingdom, and capable of knowing the several duties which arise out of these relations; we bless and praise thee O Lord, for this honourable rank thou hast given us in the order of thy creation; thou hast taught us more than the beast of the field, and made us wiser than the fowls of heaven, thou hast put a spirit in man, and the inspiration of the Almighty hath given him understanding. O! that we may live suitably to this dignity of our nature, and as becomes moral agents created in the image of God, formed for religion and virtue, endowed with social as well as private affections, and made to be happy in the exercise of them.

It becomes us likewise to bless thee and celebrate thy praises for the farther advantages we enjoy by the gospel of thy Son Jesus Christ, whereby immortal life and happiness is set in a clear light than ever it was before, the sting of death is removed, and the kingdom of heaven is opened to all who truly believe, and sincerely obey, his gospel: blessed be that good providence which hath ordered our lot, and determined the bounds of our habitation in a land of light and vision, and that from our early years we have been trained up in the knowledge of thee, the only true God, and of him whom thou hast sent to be our Saviour, even Jesus Christ thy Son, whom to know is life eternal.

We confess, O Lord, we are poor sinful creatures, who have in many instances departed from thy commandments, and wandered in crooked paths, dishonouring to our holy religion, and tending to provoke thy just wrath and displeasure against us; we have done those things which we ought not to have done, and we have neglected, or carelessly performed, the things which we ought to have done, and have not made that progress in holiness and

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virtue

virtue which might reasonably have been expected from us, who have enjoyed such advantages and means of improvement in moral and spiritual perfection; if thou, Lord, shouldst be extreme to mark what we have done amiss, there is not one of us could stand before thee, and we have no other hope or confidence but in thy mercy and goodness, which thou hast declared unto mankind in Christ Jesus thy Son: by him thou hast invited and encouraged sinners to repentance, and upon his blood thou hast established with us a most gracious covenant of pardon and acceptance upon the most merciful and condescending terms; which our consciences cannot but approve of as worthy of thee to require, and fit for us to comply with; incline our hearts, we beseech thee, to a sincere compliance with them, that we may truly repent of our sins and forsake them, and denying all ungodliness and worldly lusts, may live soberly, righteously and godly, in this present world.

We know and believe that Jesus Christ is a teacher sent of thee, and that no man ever spake as he did, or taught the true religion in that perfection that he has done, or led such a pure, holy, and
useful

useful life, as he did; grant them, O Lord, we beseech thee, that we may obey from the heart the doctrine he hath taught us, that we may carefully imitate the example he hath left us, and cultivate in ourselves the same mind, the same temper and spirit that was in him.

And that our lives may be an ornament to our christian profession, and answer the great and good design proposed by the gospel, grant that whatsoever things are true and sincere, whatsoever things are comely and venerable, whatsoever things are just and equitable, whatsoever things are pure and chaste, whatsoever things are lovely and reputable, whatsoever things are really virtuous and praise-worthy, we may think of these things, and hold them in high esteem, and zealously study to practise them: and may the very God of peace sanctify us holy, and we pray God that our whole spirit and soul and body, may be preserved blameless unto the coming of our Lord Jesus Christ.

We thine unworthy servants would likewise humbly intercede with thee, the tender parent of the universe, in behalf of all mankind, wheresoever they

dwell on the face of the earth, knowing
 that it is good and acceptable in thy
 sight, that we should express before thee
 our love and good will to all men, and
 our desire of their happiness : we com-
 mend them all unto thee, and to the
 care of thy providence ; continue to do
 them good, giving rain from heaven and
 ful seasons, filling their hearts with food
 and gladness ; especially we pray that
 the gospel of our great Redeemer may
 have free course, and be glorified thro'
 the whole world, and that all the inha-
 bitants of the earth may come to the
 knowledge of the true religion, and be
 guided to the way of peace and happi-
 ness, and walk in it : reform whatever
 is amiss in the christian churches, either
 in doctrine, worship, discipline, or mo-
 ral conduct ; purge them from the cor-
 ruptions and abuses that have been in-
 troduced into them, and let the state
 of religion which was established in
 thy wisdom by Jesus Christ, be restored
 to its original purity and simplicity, that
 the power and efficacy of it may no
 longer be weakened and lost through the
 gross mixtures of idolatry, superstition,
 or enthusiasm, or the commandments of
 God

God rendered of no effect by the traditions and ordinances of men.

Be favourable to these lands of our nativity, preserve peace within our borders, abundantly bless our provisions, let our poor be satisfied with bread, and may we all rejoice in thy goodness with thankful hearts; continue among us the light of thy glorious gospel, with all our valuable privileges and liberties both civil and religious: bless those who are in authority over us in civil affairs, guide them in their administration, and may they rule in thy fear, and be thy ministers to us for good: extend thy pity and compassion to those who labour under any kind of affliction, and make all things work together for their good; awaken secure and careless sinners, that they may think on their ways, and turn themselves unto thee and to the practice of righteousness, before it be too late; raise up them that are fallen, strengthen them that are weak; comfort those who are melancholy, restore to the exercise of reason such as are in any measure deprived of it; and do good unto all as their various cases and necessities may require.

For the morning.

AND now we bleſs thee, O Lord, for the watchful care of thy providence over us thro' the darkneſs of the night, and that after a reſreſhing reſt we are brought in ſafety to ſee the light, and enjoy the comforts of another day; continue thy protection over us throughout the enſuing day, defend us from the dangers to which we may be expoſed, ſecure us againſt the ſnares and temptations of an evil world, keep us in thy fear continually, and may we live under an habitual ſenſe of thy preſence and providence; direct us in all our ways, perfect what concerns us, and make all things, whether proſperous or adverſe, work together for our good.

For the evening.

AND now we thank thee, O Lord, for the kind protection of thy providence over us through the paſt day, and that by thy good hand upon us, we are ſafely brought to the concluſion of it; graciously overlook whatever thou haſt ſeen amiſs in any part of our conduct, and accept of our ſincere, though weak endeavours to ſerve thee, in the duties of piety and virtue, and to approve ourſelves to thee in well-doing: we would humbly commit ourſelves, and all in whom we are concerned, to thy continued protection, and care through the enſuing night, praying that after a moderate and reſreſhing ſleep, we may awake the following morning with renewed health and vigour, to purſue the work and buſineſs of the ſeveral ſtations in which thou haſt placed us, that we may anſwer the wiſe purpoſes of our creation, by doing good while we ſojourn in theſe bodies, and by preparing our minds for higher and nobler employments hereafter in a future and better ſtate.

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Mercifully pardon all our past offences, upon the terms of thy Son's gospel, and let not our sins separate between us and our God, or provoke thee to reject our prayers and services; help us against our infirmities, and especially the sins that most easily beset us; and let us be daily attaining to farther and higher degrees of all holiness and virtue, and advancing towards the true perfection and happiness of our nature, till it shall please thee to call us up to the full and compleat enjoyment of it in that state which thou hast prepared for the righteous; into which we beseech thee to bring us, and all thy faithful servants, in thy good time, for thy mercies sake in Jesus Christ our blessed and only mediator, in whose comprehensive words we sum up all our requests both for ourselves and others.

OUR Father, who art in Heaven. Hallowed be thy name. Thy Kingdom come. Thy will be done in earth, as it is in Heaven. Give us, this day, our daily bread, and forgive us our trespasses, as we forgive them that trespass against us. And lead us not into

temptation, but deliver us from evil.
For thine is the Kingdom, and the Power,
and the Glory, for ever and ever.
Amen.



A prayer for the use of a family on
Saturday evening.

MOST glorious and ever blessed
God, thou art the former of all
things, the Lord of Hosts is thy name,
who art wonderful in counsel, and ex-
cellent in working; thou art the stay
and support of the whole creation, and
a strong tower of defence to all those
who put their trust in thee, and keep
thy ways: thou art our life and the
length of our days, our times are in
thy hand; our dependance is entirely on
thee, and we are in all things subject
to thy disposal; blessed be thou who
humblest thyself to take a care of thy
creatures; it is our happiness, and we
rejoice in it, that thou art the ruler of
the world, and that we are under the
government of the most perfect wisdom
and goodness in conjunction with infi-
nite

nite power ; we would trust in thee at all times, and pour forth our hearts before thee, we would rejoice in the Lord, and joy in the God of our salvation.

We thank thee for thy goodness and loving-kindness to us and to all the children of men ; we bless thee for our creation and preservation, and all the comforts and conveniencies of this life, which through thy good providence we enjoy ; but above all we bless thee for thine inestimable love in the redemption of the world by thy Son Jesus Christ our Lord, for the means of grace, and the hope of glory, and all the privileges and advantages we enjoy by the christian revelation.

We acknowledge, O Lord, with shame and confusion of face, that we have not rendered unto thee according to the benefits which thou hast bestowed upon us, nor made that improvement of our gospel privileges that we might and ought to have done ; we have sinned against thee, and broken thy holy and righteous laws, times and ways without number, and if thou, Lord, should mark our iniquities, we could not any of us stand before thee ; but in an humble

ble and penitent sense of our sins, we draw near to thee in the name of thy beloved Son, and according to the tenor of that covenant thou hast established with us on his blood, we earnestly beseech thee to forgive us our sins, and to cleanse us from all unrighteousness; and grant, O Lord, that we may hereafter walk in newness of life, bringing forth the suitable fruits of repentance, and studying to abound in holiness and virtue, and all good works.

We thank thee for thy patience with us, and that we are still spared, and have time and opportunity to seek out our salvation: we thank thee for all the past mercies of our lives, and particularly for those of this past week which is now about to end; graciously pardon and overlook whatever we may have done or omitted contrary to thy holy laws; and give us grace to employ the approaching week, and all the remaining weeks and days that may be allotted to us in this world, to the true ends and purposes of life, that we may all of us, in our several places and stations, and according to our abilities, capacities, and opportunities, glorify thee our great creator and

and governor, do good to men, who are made in thine image, and perfect our own minds more and more in all moral excellence.

Grant us this night, if it be thy will, a quiet refreshing rest to our frail bodies, and raise up the ensuing morning with renewed health and strength, and in a suitable frame and temper of mind for the duties and services of the day; and as the morrow is the day of rest, set apart for the public exercises of religious worship and instruction, let not any of us forsake the assembling ourselves together with our christian brethren for that wise and good end; but let us with joyful and thankful hearts, and with a true, fervent, and religious zeal, repair to thy house of prayer, to celebrate publicly with all the christian church, the worship which is due to thee from all who know how great and good, and excellent thou art; prepare our hearts to pray, and thine ear to hear, and let our minds be pure and holy, humble and penitent, resigned and devout, upright and sincere before thee; filled with love to thee, to the blessed Jesus and to all men, and with the fruits of the spirit
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in all righteousness, and goodness, and truth, that we may be meet temples for the holy ghost to dwell in, and fitted to offer up spiritual sacrifices that may be acceptable to thee by our Lord Jesus Christ.

Grant, O Lord, that on this thy holy day that is approaching, we may not only abstain from worldly business, but may sanctify it by the exercises of piety, by prayers and supplications with thanksgiving, by hearing and reading thy holy word, serious meditation upon it, by self-examination, and by the works of charity and mercy: and may it please thee to give grace to the ministers of thy gospel, the pastors and teachers of thy churches, that they may discharge the duties of their office with care and fidelity, and do thou accompany their labours with thy blessing, which alone giveth success; and may our lives in this world be a constant preparation for that eternal rest which remaineth for thy faithful people in heaven above, when we shall be ever with the Lord, beholding his glory, and partaking of it *.

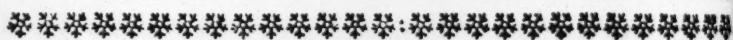
And

* In this paragraph there are a few sentences taken from a prayer of Mr. Ostervald in the Liturgy which he composed for the church of Neufchatel, with variations.

And now, O our God and heavenly Father, we humbly pray that thy name be hallowed and glorified through the whole world, that thy kingdom may come, and thy gospel be propagated unto all nations; and that thy blessed and holy will may be done, and thy wise and righteous laws observed and obeyed, every where, by men here upon the earth, even as by the celestial inhabitants in heaven; give us day by day our daily bread, and such a portion of the necessaries and conveniences of life, such a measure of health, and other temporal mercies, as in thy wisdom thou knowest to be best and most expedient for us; and let us enjoy thy blessing with all, which alone maketh rich: forgive us all our sins, our trespasses and offences against thy holy laws, for thy mercies in Jesus Christ, even as we do sincerely and from the heart forgive all those who trespass and offend against us: and lead us not into temptation, but deliver us from evil; be pleased in the course of thy providence either to keep us from being tempted to sin, or support and deliver us when we are tempted; and let us be happily delivered from every evil way and work,

and

and preserved to thy heavenly kingdom, through Jesus Christ our Lord, and by the conduct of the holy spirit of grace; for thine is the kingdom which we pray may come; thine is the power whereby thou art able to answer our requests, and do for us exceeding abundantly above what we can ask or think; and thine is, and ever will be, the glory of thy amiable perfections, and of thy wise and righteous administration, from angels and men, thro' everlasting ages. *Amen, Amen.*



A prayer for a person in private on the Lord's day morning.

GREAT and glorious Lord God, the creator of heaven and earth, and of all things that are therein: the wise and righteous governor of the world, and the impartial and merciful Judge of angels and men; I draw near to thee in the name of thy beloved Son, to offer up my morning sacrifice, in thankful acknowledgment of thy great goodness to me, and all thy creatures, and

and in an humble sense of my dependence upon thee, and my subjection to thy government, in which I have reason most heartily to rejoice.

Unto thee is justly due from me, and from every intelligent and moral creature, the most humble tribute of praise and thanksgiving, adoration and obedience, for thou hast created all things, and from thy goodness it is that they are, and were created; and worthy is the Lamb that was slain to receive power, and riches, and wisdom, and strength, and honour and glory, and blessing, for he hath redeemed us from our sins with his most precious blood, and made us kings and priests unto thee even the Father; blessing and honour, and glory, and power, be unto thee who sittest on the throne, and unto the Lamb for ever and ever.

I praise thee, O my God, I acknowledge thee to be the Lord; the whole creation doth glorify thee, the Father everlasting; all thy works do praise thee, and it becomes thy saints to bless thee; for thy works are manifold, O Lord, in wisdom thou hast made them all; the earth also is full of thy riches, and thou art

art daily dispensing the blessings of thy goodness to all thy creatures.

I am thine, O Lord, and not my own, thou hast made me, and not myself; I am thy creature and thy servant, a subject of thy moral kingdom, and a disciple of thy Son Jesus Christ, and it becomes me to worship and bow down, and kneel before the Lord my maker. Blessed be thou, O Lord, who hast formed me after thine own image, who hast made me a rational and moral agent, capable of knowing and imitating thee, and of enjoying the communications of thy favour; as by thee I have been brought into the world, so by thee have I been upheld from the womb till now, and have been the charge of thy providence ever since I was born; and I acknowledge with all gratitude, that goodness and mercy have followed me all my life past even to this day, and that from thy bountiful hand I have received blessings and advantages that are very great and many, of the least of which, I confess, I am altogether unworthy: I thank thee particularly for that measure of health I enjoy, and the kind deliverances thou hast graciously vouch-

ouchsafed me from evils and dangers
 to which I have been exposed, and sick-
 nesses with which I have been sometimes
 afflicted; I bless thee that I have food
 to eat, and raiment to put on, and a
 quiet and safe habitation to dwell in;
 and I praise thee for the exercise of my
 rational and moral powers, and the use
 of my senses continued with me, and
 for all the mercies that are in my lot,
 which I acknowledge to be past my
 reckoning. But it becomes me in a
 more peculiar manner to bless thee and
 celebrate thy praises for thy great good-
 ness in sending thy Son into the world,
 for the salvation and redemption of man-
 kind, who was delivered for our offences,
 and raised again for our justification.

I thank thee, O my heavenly Father,
 for that most gracious covenant thou
 hast established with us in his blood,
 wherein the pardon of our sins, and our
 acceptance with thee to eternal life are
 promised upon the reasonable and con-
 descending terms of submitting to him
 by faith and repentance, and a sincere
 obedience for the future; and the assist-
 ance of thy holy spirit is offered to all
 who ask it from thee, to fortify us against
 the

the temptations to which we are exposed, and enable us to do thy will with delight and chearfulness. and to persevere in a course of virtue and holy obedience to the end of our lives; I thank thee for these great and precious promises sealed to us with the blood of the Son, and farther confirmed by his resurrection from the dead, and the gifts of the holy ghost, and for all the other privileges and advantages I enjoy by the gospel revelation; may I study to make a proper improvement of them by a continual progress in holiness, and in a spiritual and moral perfection.

I thank thee particularly for the refreshment of this last night, and that by thy good providence I am brought in safety to the beginning of this day; let my mind be duly disposed for the duties and services of it, that I may attend on them with seriousness and reverence; forgive me all my past offences upon the terms of the gospel, and let there be no cloud of guilt to separate between me and my God, nor any prevailing iniquity or corruption in my heart to hinder the acceptance of my religious services; and when I shall be assembled

with

with my christian brethren to celebrate
thy worship, and hear the instructions
of thy word, be thou graciously present
with us, and may thy good spirit help
our infirmities, and assist us in our de-
votions.

Preserve me, O Lord, I beseech thee,
from a careless, wandering, and inatten-
tive mind; let not the cares of this
world, or the love of riches, or the plea-
sures of life, or the lusts of other things
entering into my heart, distract my
thoughts, and disturb my devotion, or
hinder the word, and hinder my profit-
ing; but help me to compose my
thoughts, and fix my attention, that
with a pure and upright heart, and a
serious attentive mind I may hear the
instructions of wisdom, and offer up my
prayers and supplications with thank-
givings unto thee who art the hearer of
prayer, to whom all flesh should come.

These things I humbly request of thee,
O Lord, for thy goodness sake in Jesus
Christ the Son of thy love, who was
dead, and is alive, and lives for ever-
more, in whose comprehensive words I
further call upon thee,

O My Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done in earth, as it is in heaven; give me this day, my daily bread, forgive me my trespasses, as forgive them that trespass against me, and lead me not into temptation, but deliver me from evil, for thine is the kingdom and the power, and the glory, for ever and ever. *Amen.*



A prayer for a person in private on the evening of the Lord's day.

I Adore thee, O Lord, as the author of my being, the preserver of my life, and the fountain of all the mercies I enjoy, to whose goodness I am indebted for all that I am and have, and upon whom are founded all my future hopes and expectations both for time and eternity: I thank thee for the valuable privileges and advantages I enjoy as I am a rational and moral agent, and a disciple of thy Son Jesus Christ, and I beseech thee to enable me by thy grace to form the temper of my mind, and order the

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of my conversation in this world,
 becomes the dignity of my rational
 moral nature, and my holy chrif-
 tian profession, and as becomes one
 who entertains the blessed hope of eter-
 nal life.

I humbly and thankfully adore that
 good providence that hath ordered my
 and determined the bounds of my
 habitation in a land of light, knowledge,
 and liberty; that from my early years I
 have been instructed in the principles of
 the religion, and the rules of piety and
 virtue, and have the most powerful mo-
 tives to obedience set before me, and
 the greatest helps and encouragements
 given me to lead me to the practice of
 the duties here, and the enjoyment of the
 meritorious happiness my nature is capable
 of hereafter; and particularly I thank
 thee for the opportunities I enjoy of af-
 firming with my christian brethren for
 public worship and instruction on the
 day that is set apart for that purpose as
 it returns.

I thank thee that I have been permit-
 ted this day to attend upon the public
 institutions of religion, and to join with
 my christian brethren in calling upon
 thy

thy holy name, in shewing forth the most worthy praise, in giving thanks for the great blessings and benefits we have received from thy bountiful hand, asking from thee those things that are necessary and requisite as well for the body as the soul, in offering up my intercessions for all men, and in hearing the instructions of thy holy word; for all which, with thy blessing, I beseech thee to accept of the work and service I have been employed in; may the prayers and supplications, intercessions and thanksgivings which have been presented to thee this day in the name of our great and worthy mediator the Lord Jesus Christ, come up as a memorial before thee, and obtain a favourable acceptance and answer of peace; may the instructions and exhortations which I have been hearing from thy word be carried home to my conscience, and sink into my heart, and if any good impressions have been made upon my mind, may they abide with me, and have a proper effect upon my temper and conduct: pardon the coldness and imperfection of my devotions, and whatever has been amiss in my performance of religious duties, and if thou hast seen sincerity in my heart

th th me be graciously accepted in Jesus
nks Christ.

As a member of the great communi-
nd, of mankind in general, and of the
hat a urch of Christ in particular, I would
for th mibly renew my addresses unto thee
my in e God and Father of all, on behalf of
hearing men dwelling on the face of the
d; fo irth, that it may please thee to conti-
n the e the care of thy providence over them,
en en d to dispense the blessings of thy good-
suppl s to them, giving rain from heaven,
giving d fruitful seasons, filling their hearts
ee th th food and gladness: but especially I
d wo ay that thou wouldest make thy ways
Christ own upon the earth, and thy saving
ee, a alth among all nations; let Jews and
and e ntiles be brought to the obedience of
uction e faith, let pure and uncorrupted chris-
e bee anity obtain over the whole world, and
d hom eat peace and happiness be in all lands,
to m y obeying the laws of the prince of
as ha ace Jesus Christ: and may all who
y the o fess and call themselves christians,
r effe art from all iniquity and idolatry,
pard d live suitably to their holy profession,
my de endeavouring to abound in every good
miss ord and work, whereby they may glo-
es, a y God, do good to men, and perfect
hear themselves more and more in all holiness
l and virtue.

I would likewise humbly pray for the welfare and prosperity of these lands of *Britain* and *Ireland*, and the dominions thereto belonging, that it may please thee to continue to us the enjoyment of all our valuable privileges and liberties both civil and religious, together with our public peace and tranquility, and our healthful and fruitful seasons; pardon the many sins which abound too much among us, and may thy patience and forbearances, and the many deliverances which in time past thou hast worked for us, lead us all to a true and unfeigned repentance, that iniquity may not be our ruin, or deprive us of the continuance of thy favour and protection.

May it please thee to bless our King upon the throne, and all the branches of the royal family, with all our inferior rulers and magistrates, and all orders and degrees of persons amongst us; and may all and every one, in their several places and stations, study to promote the honour and interest of true religion, and the peace and happiness of these lands, that under the shadow of civil authority we may lead quiet and peaceable lives in all godliness and honesty.

May it please thee to bless the labour

for those who preach the gospel of thy son in its truth and simplicity, and may the good effects thereof be visible in the lives and conversations of christians: let sinners be converted from the error of their ways, and brought into the paths of truth and righteousness, and may those who are already in a state of holiness and virtue, be encouraged and persuaded to persevere and abound therein.

I would humbly commend to thy fatherly mercies and tender compassions, all such as labour under any kind of trouble or distress, may their afflictions redound to their profit, and may they be supported under them, and in thy good time happily delivered out of them; particularly I beseech thee to pity those who suffer for righteousness sake, and are persecuted on account of religion, and conscience towards God: Lord proportion their strength to their trials, and let thy grace be sufficient for them; and in that season which thou knowest to be best and fittest, put an end to all oppression and persecution for conscience sake, that there may be no hurting nor destroying in all thy holy mountain.

May the blessing rest upon this family to which I belong, enrich us all with
 F spiritual

spiritual blessings in heavenly things in Christ Jesus, and with such a portion of temporal blessings as thou knowest to be most expedient for us.

I thank thee that by thy good providence I am brought to the conclusion of this day in peace and safety, Lord impute not to me wherein I have failed and come short in the performance of my duty, and let me be accepted in the beloved, upon the terms of his gospel, and find favour in thy sight.

Keep me in the shadow of thy wing through the ensuing night, grant me a refreshing rest to my frail body, and raise me up in the morning with renewed health and vigour, to return to the business of the day in thy fear.

And now, O thou my God and Father who art in heaven, and from thence beholdest all the dwellers upon earth, and maketh provision for all thy creatures, may thy name be sanctified and glorified through the whole world. May thy kingdom come, and the gospel of the great Redeemer be published among all nations and may thy holy will be done in earth as it is in heaven, and the eternal laws of godliness, righteousness, charity, and purity, be obeyed here below with thy sincerity

sincerity, delight and constancy, as they
 are observed by the holy angels above;
 give me day by day my daily bread; give
 me neither poverty nor riches, but feed
 me with food convenient for me, and
 having food and raiment, may I learn
 herewith to be content. Forgive me
 all my offences against thee, and my
 transgressions of thy holy laws, upon the
 terms of the gospel, even as I do sincere-
 ly forgive those who trespass and offend
 against me; and let me not fall into sin
 by the power of any temptation, but
 deliver me from evil both natural and
 moral, and lead me in the paths of ho-
 nesty and virtue to the possession and en-
 joyment of everlasting life and happi-
 ness through Jesus Christ my blessed Sa-
 vour and Redeemer, through whom I
 ascribe to thee my heavenly Father, the
 kingdom, the power, and the glory, for
 ever and ever. *Amen.*

Prayer for a person in private on any
 other day of the week, morning
 or evening.

MOST gracious and merciful God,
 I come before thee as a disciple
 of thy Son Jesus Christ to worship thy
 divine

divine majesty with all reverence and humility; I acknowledge my entire and constant dependence on thee, in whom I live and move, and have my being, and to whose fatherly care and kind providence I am indebted for my daily preservation, and all the mercies that are in my lot.

I would reflect with gratitude and praise on that goodness and mercy that has followed me all my life long even till now. I would call to my remembrance the many instances of thy loving kindness, of thy patience, forbearance, and tender compassion which I have met with from time to time, and would call upon my soul, and all that is within me, to magnify and praise thy holy name; bless the Lord, O my soul, and forget not all his benefits, who forgiveth all thine iniquities, who healeth all thy diseases, who redeemeth thy life from destruction, and crowneth thee with loving-kindness and tender mercies.

I praise and bless thee, O Lord, who hast giving me being and life, who hast imparted to me reason and understanding, and moral discernment, whereby I am capable of knowing and resembling thee the fountain and original of all perfect

perfection, and of rising to high degrees of happiness in another state; thou hast made us but a little lower than the angels, thou hast crowned us with glory and honour, thou hast made us to have dominion over the work of thy hands, and put the lower animal world in subjection to us.

I thank thee with all my heart for the means of improvement in knowledge and virtue which thou hast graciously afforded me, and particularly for the great advantage I enjoy by the gospel revelation, whereby I am clearly instructed in the true religion and all the particulars of my duty, am fully assured of another world after this, and see the way to be happy in it, by obeying the doctrine and imitating the example of thy beloved Son; O let me not receive this grace in vain, nor despise or neglect this great salvation, but incline my heart to embrace the offers of the gospel, and comply with the wise and gracious terms of acceptance laid down in it, that being reconciled unto thee, and devoted to thy service and obedience, I may have peace in my own mind, and good hope of being happy in thy favour hereafter.

I confess I have sinned against thee and transgressed thy holy laws in many instances, I have greatly failed and come short in the performance of my duty and have not made that progress in spiritual and moral perfection that I ought to have done, and which might reasonably have been expected from one who has enjoyed such advantages for improvement. I acknowledge my transgressions O Lord, and my sins are ever before me. I take to myself shame and confusion of face, because I have sinned against thee. God be merciful to me a poor sinner and according to the tenor of that covenant which hath been sealed with the blood of thy Son, pardon all my past offences; and enable me by thy grace to break off my sins by righteousness, and wherein I have offended or done iniquity, to do so no more; but hereafter to walk in newness of life, and, denying ungodliness and worldly lusts, to live soberly, righteously, and godlily in this present world.

Purify my heart, O Lord, from all sinful thoughts, inclinations, and desires and from all bad intentions and designs deliver me from a sensual and worldly mind, and may I be spiritually and heavenly

enly minded, setting my affections on
 things above, and not on things on the
 earth; deliver me from pride, insolence,
 and self-conceit; and may I be modest,
 humble and condescending; deliver me
 from sinful anger, wrath, and malice,
 and from envy, ill-will, revenge and all
 uncharitableness, and let meekness and
 gentleness, forgiveness and peaceableness,
 and universal love and good-will be the
 prevailing temper of my mind, and give
 law to all my words and actions; deliver
 me from all guile, falsehood, and hypoci-
 sy, and may I study truth in the inward
 part, and be sincere and without offence
 to the day of Christ; and as the sum of
 all religion, and the best security against
 temptation, let my mind be always pos-
 sessed with such a sense of thy greatness
 and excellency, and of the perfections of
 thy nature, that I may love thee with
 all my heart and soul, and strength and
 mind, and my neighbour as myself.

For what relates to the things of this
 life, I would not be anxious about what
 I shall eat, or what I shall drink, or
 wherewithal I shall be cloathed, but I
 would seek thy kingdom and righteous-
 ness in the first place, and make religion
 and virtue and goodness, the principal

object of my pursuit, and humbly depend on thy good providence for the supply of all my reasonable wants and necessities, casting all my cares and burthens on thee, who takest care of all thy creatures, and art able to sustain them.

But it becomes me, in obedience to thy command, and in testimony of my universal good-will, to pray for others as well as for myself; may it please thee to continue the care of thy providence over the whole world, and to bestow the blessing of thy goodness upon all men every where; may the glad tidings of salvation by Jesus Christ be published unto all nations, and be received and submitted to by all who hear them; may the christian churches flourish and abound in holiness and virtue, and all good works and let peace and love, and unity and concord, prevail and reign among them; let *Britain* and *Ireland*, and the dominions thereto belonging, be always under the special protection and care of thy good providence; bless our rulers and governors in civil affairs, whether supreme or subordinate, and guide them in their administration, that they may be ministers of God to us for good; continue to us the enjoyment of all our valuable rights,

rights, privileges and liberties both civil and religious; and may we improve them to our growth in true piety and virtue; and give us from year to year the kindly fruits of the earth in their season: I sympathize with all who are in trouble or distress, Lord, heal the sick, support the weak, provide for the poor and needy, be a father to the fatherless, plead the cause of the injured and helpless widow; be a shield to the stranger, and a refuge to all who are oppressed; strengthen the minds of those who are under persecution for conscience sake, and in thy good time command deliverances for them; comfort the melancholy, heal the broken hearted and wounded in spirit, restore to the exercise of reason any who are deprived of it, and do good unto all their several conditions and necessities may require.

And now, O my God, I bless thee that I am still alive, and have not been cut off before this in the midst of my sins, as I have justly deserved; I praise thee that I have the exercise of my reason, and the use of my senses continued to me, and so many of the comforts and conveniencies of this life as enable me to render my passage through it the

more easy and tolerable than otherwise could be; I thank thee for my health and strength, and food and raiment, that I have an habitation to dwell in, and that as yet there is peace and tranquillity in the country where I live, so that I can lie down and arise, and there is none that make me afraid, it is thou, O Lord, alone who makest me to dwell in safety, therefore under the shadow of thy wings will put my trust.

For the Morning.

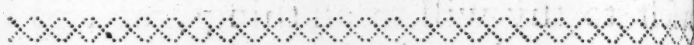
I Thank thee particularly for the rest and refreshment of this last night, and the return of the morning light, and I beg thy continued protection over me throughout this day, to which I commit myself, and all who belong to me; defend us from all evils and dangers, if it be thy will, but especially from sin and the power of temptation. Be pleased to bless and prosper me in all my lawful affairs, establish the work of my hands, yea the work of my hand establish thou it; perfect what concerns me and mine, and all thy people, and make all things work together for our good.

For the Evening.

I Thank thee particularly for the mercies of the day past, and that by thy good providence I am safe brought to the conclusion of it; mercifully overlook and forgive whereinsoever I have offended or done amiss; and be pleased to continue thy protection over me throughout the following night, grant me quiet and refreshing rest to my frail body, and let me be raised up the ensuing morning, with renewed health and strength to magnify and praise thy holy name, and return to the duties of my place and station, and the business thou hast called me to, in thy fear, and with sincere design to approve myself to thee in well-doing.

Let my mind be duly disposed for all
 the events that may be before me in the
 course of thy providence, and let me be
 always ready, with an humble, thank-
 ful, and contented mind, to receive evil
 from thy hand as well as good, if thou
 shalt think fit to allot it to me, resigning
 myself to thy will in all things, and pa-
 tiently acquiescing in the wise determina-
 tions of thy providence concerning me,
 who knowest what is best and fittest for
 every one of us, and hast a tender regard
 to the work of thy hands: but especially
 pray that I may be enabled by thy grace
 to keep myself always in a due prepara-
 tion and disposition of mind for that
 great event, that awful and important
 change, that must overtake me by death,
 and to that end, may I carefully study to
 act such a part on the stage of this world,
 that when I shall come to be called off
 it, I may be able to reflect with satisfac-
 tion on a well-spent life, and have be-
 fore me the joyful hope of being ap-
 proved in the great day of accounts, and
 admitted to partake of that joy and hap-
 piness that is prepared for the righteous
 in the everlasting kingdom of our Lord
 and Saviour Jesus Christ. These things,
 with what ever thou knowest to be need-
 ful

ful and expedient for me, or those whom I am concerned, I humbly request in the name, and as a disciple of thy Son Jesus Christ, our blessed and only mediator, in those comprehensive words, farther pray for myself and all my brethren. Our Father, &c.



A Morning Prayer for a Child.

O Lord God Almighty, my maker, preserver, and kind benefactor, thank thee for the rest and refreshment of this last night, and that by thy good providence I see the light of another day. I humbly beseech thee, to continue thy protection over me, and to keep me from all evil, both of sin and danger, this day, and all the days of my life, for thy mercy's sake in Jesus Christ, in whose words I farther pray, Our Father, &c.



An Evening Prayer for a Child.

MOST gracious and merciful God, in whom I live and move, and have my being; I thank thee who hast brought me in health and safety to this
conclu

conclusion of this day; forgive, I be-
 tech thee, whatever hath been amiss in
 my part of my behaviour, and grant that
 I may not willfully offend again, but may
 be careful to grow every day better, and
 increase in goodness and virtue; be pleas-
 ed to keep me through the darkness of
 the night, and after a quiet and refresh-
 ing sleep, let me awaken in the morning
 with renewed health and vigour to praise
 and bless thy holy name, and apply my-
 self to learn thy laws; and do thou in-
 fine my heart to love thee, and keep
 all thy commandments always, that it
 may be well with me both here and
 hereafter. Hear me, O Lord, and grant
 these my requests, for thy mercy's sake
 Jesus Christ, my blessed Lord and Sa-
 vour, in whose name and words I far-
 ther pray: Our Father, &c.

Prayer for a young person in the Morn-
 ing, taken, with some variations, from
 the Author of the GREAT IMPORT-
 ANCE of a RELIGIOUS LIFE.

O Lord, my heavenly Father, I hum-
 bly adore thee as the maker, and
 governor of the world, as the author of
 my

my being, the preserver of my life, and the fountain of all the mercies that I enjoy, I thank thee for the rest and refreshment of the night past, and that I am raised up in health and safety to praise thy holy name, and return to the business of the day.

I bless thee for the care of thy providence over me, and the numberless instances of thy goodness to me, ever since I came into the world, and especially for the advantages I enjoy by the gospel revelation, whereby I am clearly instructed in the knowledge of thee, the only living and true God, and of him whom thou sent to be our Saviour, even Jesus Christ, thy Son, whom to know and obey, is life eternal, and of all that is necessary, to be known and done in order to my acceptance with thee, may my grateful sense of thy goodness so deeply affect my heart, as to engage me effectually to thy love and obedience.

I acknowledge, O Lord, that I am thine, and not my own, thou hast made me, and not I myself; and thou hast redeemed me with the precious blood of thy Son; I desire to be thine also by the free consent of my own mind, in a willing dedication of myself to thee, and by

constant

constant and faithful endeavour to improve myself in well-doing to thine all-seeing eye.

I beseech thee, in thy great mercy, to forgive me all my past offences, upon the terms of thy Son's gospel, and enable me by thy grace to bring forth fruits meet for repentance, and to reform my heart and life according to thy holy word.

Help me to remember thee my creator in the days of my youth, and to devote my early years to thy service and obedience, in the practice of godliness and righteousness, charity and purity, temperance and humility. Help me ever to keep in mind the useful religious principles which I have learned, and the precious and virtuous instruction which I have received, and let me never depart from those good ways in which I have been taught and accustomed to walk: incline my heart to the love and practice of every thing that is right and good, and create in me an hatred and abhorrence of every thing that is evil; may I be modest and obliging in my behaviour, respectful towards my superiors; dutiful and obedient to my parents, affectionate to my brothers and sisters; innocent and inoffensive in my whole conversation; diligent

diligent and faithful in the discharge of the duties of that condition and state of life wherein I am, or may be placed; and may I fear, reverence, and love thee, my God above all things, and be always disposed to do to others, as I would reasonably desire and expect they should do unto me in the like case.

Be thou the guide of my youth, and secure me against the snares and temptations to which I am exposed, and from which I am in danger through want of experience, and consideration, to which my season of life is incident; and as I desire ever to put my trust and confidence in thee, so I pray that thy good providence may always take care of me; and may I learn to be contented with my condition, resigned to thy disposal in all events, and thankful to thee, who givest me whatever I enjoy, and knowest how to make all things work together for my good.

Take me, I beseech thee, into thy protection this day; keep me, if it be thy will, in health and safety; and may a sense of thy continual presence with me, and inspection over me, and of the account I must hereafter give to thee, the judge of all, effectually engage me so to govern all my thoughts, and words and

actions

tions, that I may be able to reflect upon them with satisfaction, at the close of this day.

Let thy blessing be upon every member of this family to which I belong; be upon my parents and all my friends and relations, and all thy people every where; requite the kindness of my benefactors, and forgive my enemies, pity all who are in distress, and do them good as their need may require; I humbly commit myself, and all I am bound to pray for, to thee our God and Governor, in the name of Jesus Christ our Lord and Saviour; and in the words which he hath taught us, I continue to pray for myself, and for all mankind. Our Father, &c.

An Evening Prayer for a young person, taken from the same Author, with some variations.

MOST merciful and gracious God, as I began the day with praising thy holy name, and imploring thy blessing, guidance and protection, so I would end it with an evening sacrifice of prayer and thanksgiving in the name of thy beloved Son Jesus Christ.

I praise

I praise thee that thou hast made me capable of knowing thee the first cause and original of all things, and admiring thy high and adorable perfections; loving thee the fountain of all good and happiness; of obeying thee the wise and righteous governor of the world; and of enjoying the communications of thy favour hereafter in a future and better state; and that thou hast clearly revealed thyself to us, and made thy will and counsel relating to our salvation by Jesus Christ, known to us, and encouraged us to call upon thee in his name, by many promises of a gracious acceptance.

I would humbly offer up my thanks and acknowledgments for the care of thy providence over me ever since I was brought into the world, and particularly for the mercies of the past day, and that I am brought in health, and peace, and safely to the conclusion of it; blessed be thou O God, who hast preserved me from the many good things which I have not deserved, and hast granted me many advantages for my improvement in knowledge and virtue, especially I thank thee for any thing that thou hast enabled me to do, that is good and acceptable in thy sight.

ht, and which I can reflect upon with satisfaction.

O my God, I humbly bewail my many strayings and wanderings from the paths of piety and virtue, and the many failings and imperfections that I am chargeable with; I earnestly implore thy gracious pardon upon the terms of thy son's gospel; God be merciful to me a sinner, forgive me my sins, and cleanse me from all unrighteousness; and particularly I beseech thee to forgive and mercifully overlook whatever thou hast seen amiss in any part of my conduct this last day, either in my thoughts, my words, or my actions.

May a just and serious sense of my sins, and my great unworthiness, keep me always humble, and work in me a true and contrite repentance, consisting in a thorough change of my heart, and reformation of life, according to thy holy word; let the remembrance of my past offences, and the frailty and weakness of my nature, excite me to greater care and watchfulness for the time to come, and let thou confirm and strengthen me in my good purposes and resolutions, that I may not follow, or be led, by carnal and worldly lusts, but may obey thy holy

holy will and commandments, and diligently walk in the same, all the days of my life. O Lord, what I see not, graciously pleased to teach me, and when in I have offended and done iniquity, grant that I may do so no more.

Leave me not, at any time, to myself, or to the power of any temptation; preserve me from such circumstances which would prove a snare to me; may thy good spirit be always present with me, to enlighten my mind, to sanctify my affections, to guide me in all my ways, and assist me in all virtue and well-doing; make me duly sensible of my entire and constant dependence on thee, that I may always commit myself to thy care, and be ever satisfied with thy disposal of me.

Teach me so to number my days, that I may apply my heart unto wisdom, and as I grow in years, may I grow in knowledge and goodness; help me to live in constant preparation for my great change, exercising myself to have always a conscience void of offence towards God and man, and so employing my time and health, and all my talents, as I shall wish to have done, when I come to die, and whenever thou shalt think fit to order.

my departure hence, may I chearful-
and willingly answer thy call, and
thankfully exchange this present life for
that most desirable state of perfection
and happiness that will never have an
end.

Take me, I beseech thee, into thy
merciful protection this night, keep me
in safety under the shadow of thy wings,
and grant me, if it be thy will, such
rest and sleep as may refresh my body,
and dispose me for the duties and services
of the ensuing day.

I heartily desire the good of mankind,
and pray for the purity, the peace, and
enlargement of the christian church;
direct and assist those who are employed
to minister in holy things, and particu-
larly him [or those] under whose pastoral
charge I am placed: bless our king upon
his throne, and all who are in authority
under him, and over us, and guide them
in their administration; relieve and com-
fort those who are in affliction of any
kind, and may their afflictions turn to
their good; bless my relations and friends,
particularly my parents, and brethren,
[and sisters] reward those who have done
me good, or wish me well, and if I have
any enemies, as I do sincerely forgive
them,

them, so I pray they may obtain thy gracious pardon: hear these my prayers O Lord, and graciously accept of me and all who from pure and upright hearts call upon thee, in the name of Jesus Christ, our Lord, our Saviour, and our Judge, who hath taught us thus to pray both for ourselves and others. Our Father, &c.



A short prayer for a servant, which may be used morning or evening, from Bishop GIBSON.

MOST gracious God, who in thy wise and good providence hast appointed unto mankind their several stations and offices in this life; I acknowledge thy wisdom and goodness in this and in all other thy dispensations towards the children of men, and desire in all things to yield a ready and chearful submission to thy wise and holy will.

And this end, I beseech thee to endow me with such a spirit of humility, patience, and contentment, as is suitable to the condition in which thy providence hath seen fit to place me: bless me with health

health of body, and soundness of mind,
 that I may perform the offices incumbent
 on me with chearfulness and resignation,
 doing my duty as to thee, and not to men
 only, and resting upon thy gracious
 promises for a reward of my labour and
 obedience.

And since through the frailty of my
 nature, and the manifold temptations I
 am exposed to, I cannot always stand up-
 right, I humbly beseech thee, out of
 thy great goodness and mercy in Christ
 Jesus thy Son, to forgive me all my
 transgressions, whether in thought, word,
 or deed; and to enable me by the assist-
 ance of thy holy spirit, to avoid them
 in the time to come, and to be ever
 growing in piety and goodness, and in-
 creasing in all the christian virtues, as
 thou shalt please thee to continue
 me in this world, and whenever thou
 shalt think fit to call me hence, let me
 have a joyful entrance ministered to me
 abundantly into the everlasting kingdom
 of our Lord and Saviour Jesus Christ.

I thank thee for thy constant care of
 me, and protection over me, amidst all
 changes, chances, and uncertainties
 of this mortal life; and particularly for
 thy

thy preservation of me through the day [or night] and I beseech thee to continue me under the care of thy providence, and the conduct of thy spirit, through the remaining time of my life in this world, till I be removed into the regions of immortal bliss and happiness. All which I humbly request in the name, and as the disciple of Christ thy Son, in whose comprehensive words I farther pray for myself for all mankind. Our Father, &c.

F I N I S.

